



March

2023

ELEMENTARY

SCHOOL

MENU

HELP  
WANTED!  
Work for  
Bend-La Pine Schools  
see back for details

CUISINE DAY

Monday



Tuesday



Wednesday



Thursday



Friday



Daily Dishes

		1 * ✓◆ Coffee Cake	2 ◆* Strawberry Banana Smoothie	3 ✓◆ Bagel & Cream Cheese
		* Sweet Thai Chicken Chili Wrap * Crunchy Slaw	●* Beef Chili ✓* Cornbread	●* Baked Beef Penne ✓* Herb Focaccia
6 * * Ham, Egg, & Cheddar Burrito	7 * ◆ Yogurt Parfait w/Strawberries & Granola	8 * * ✓ Biscuit & Sausage Gravy & Hash Brown	9 ◆* Tropical Pineapple Smoothie	10 * * ✓ Breakfast Flatbread w/Bacon
NATIONAL SCHOOL BREAKFAST WEEK!! * Chicken Noodle Soup ✓* Toasted Cheese	* Chicken Nachos w/ Queso Sauce	* Chicken & Veggie Yakisoba Noodles	* ●* Beef Stroganoff w/Mushrooms & Noodles	✓◆* Cheesy Breadstick ◆* Marinara Dipping Sauce
13 ◆ Apple Frudel	14 ◆ French Toast	15 * * ✓ Sausage, Egg, & Cheese Biscuit Sandwich	16 ◆* Strawberry Banana Smoothie	17 ✓◆ Bagel & Cream Cheese
Breaded Chicken Sandwich * Ranch Tater Tots	◆* Homemade Bean & Cheese Burrito	* * Chicken & Ham Fried Rice	✓* Macaroni & Cheese	●* Shepherd's Pie * ✓* Chocolate Mint Cake
20 * * Sausage, Egg, & Cheese Breakfast Burrito	21 * Sausage on a Stick	22 * ✓◆ Coffee Cake	23 ◆* Tropical Pineapple Smoothie	24 * * ✓ Breakfast Flatbread w/Bacon
* ◆* Corn Chowder ✓* Toasted Cheese	* ●* Beef & Cheese Enchilada	* Katsu Popcorn Chicken Brown Rice	✓* Cinnamon Roll Sausage Patty	* Chicken Penne Alfredo ✓* Herb Focaccia

M

- \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
- ✓\* Deli Sandwich (Turkey, \* Ham, PBJ)
- ▼◆\* Hummus w/ Tortilla Chips
- ✓\* \* Pizza (Pepperoni, Cheese, or Vegetable)
- Cheeseburger w/ Tots
- ◆\* Black Bean Burger w/ Tots

Tu

- ✓\* \* Pizza (Pepperoni, Cheese, or Vegetable)
- ✓\* Deli Sandwich (Turkey, \* Ham, PBJ)
- \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
- ▼\* Nachos (● Beef or Bean & Cheese)

W

- ✓\* \* Pizza (Pepperoni, Cheese, or Vegetable)
- ✓\* Deli Sandwich (Turkey, \* Ham, PBJ, Egg Salad)
- \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
- ▼◆\* Egg Salad on Bed of Lettuce w/ Tortilla Chips
- Hot Dog w/ Tater Tots

Th

- ✓\* \* Pizza (Pepperoni, Cheese, or Vegetable)
- ✓\* Deli Sandwich (Turkey, \* Ham, PBJ, Tuna Salad)
- \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
- ▼\* Tuna Salad w/ Tortilla Chips or Tuna Deli
- Chicken Strips w/ Tater Tots

F

- ✓\* \* Pizza (Pepperoni, Cheese, or Vegetable)
- ✓\* Deli Sandwich (Turkey, \* Ham, PBJ)
- \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
- ▼◆\* Deviled Eggs w/ Tortilla Chips
- Corn Dog w/ Tater Tots

KEY

- ★ New | ● Painted Hills Natural Beef | ✕ May contain pork
- ▼ Gluten Free | ► Draper Valley Farms | \* Shellfish Allergy
- ✓ Camas Country Mills Flour | ◆ Vegetarian | ✕ Shrimp Allergy
- ♥ Oregon Caught | \* Made fresh from scratch | ● Peanuts

SPRING BREAK 27-31

Est. 1883

BEND LAPINE  
Schools

EDUCATING THRIVING STUDENTS

AVAILABLE WITH ALL ELEMENTARY SCHOOL BREAKFASTS:

Lowfat & Nonfat White Milk, Fresh & Chilled Canned Fruit, Fruit Juice

ADDITIONAL DAILY BREAKFAST ENTRÉE CHOICES:

Hot & Cold Variety Cereal, Yogurt & Granola, Whole Wheat Buttermilk Bar

AVAILABLE WITH ALL ELEMENTARY SCHOOL LUNCHES:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits,  
Salads, Fresh Vegetables, Orange Juice, Dessert when menued

# Celebrate National School Breakfast Week!

## March 6–10, 2023

**PARENTS:**  
**Did you know?** Your  
child can **DIG IN** to healthy  
breakfast options at school!



Studies show that students who eat  
school breakfast are more likely to:

- ✓ Reach higher levels of achievement in reading and math
- ✓ Score higher on standardized tests
- ✓ Have better concentration and memory
- ✓ Be more alert

### Breakfast

Elementary Breakfast .....	\$ 2.50
Secondary .....	\$ 2.75
Reduced * .....	\$ 0.00
Adult.....	\$ 3.25

### Lunch

Elementary .....	\$ 3.50
Secondary .....	\$ 3.75
Reduced .....	\$ 0.00
Adult .....	\$ 4.75

### Beverage

Milk or Juice (if purchased separately) ...	\$ .75
Soy Milk (ala carte only) .....	\$ 1.75
* Students that qualify for free or reduced price meals will receive both lunch and breakfast at no charge.	
† Students at community eligibility provision schools receive meals at no cost.	

ABOUT NUTRITION SERVICES

CHECK OUT OUR WEBSITE! [www.bend.k12.or.us/district/parents/school-meals](http://www.bend.k12.or.us/district/parents/school-meals)



Menus	Catering	Questions
Staff	Free & Reduced (+ app)	Contact Info
Jobs	Nutrient Contents	Resources

### AVAILABILITY

We make every effort to have all menued items available each day. However, due to forecasting, cost controls, and efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not find a desired item, he/she should ask the Nutrition Services staff for an alternate choice.

### NUTRISLICE



For your convenience, Bend-La Pine Schools utilizes a digital menuing system called Nutrislice. For easy electronic access, please use this link which is also featured on the Parents/School Meals part of the web page: <https://bend.nutrislice.com/menus-eula-splash>



In an effort to reduce fat, all hot dogs and most “ham” products are made from turkey meat. Pork products are marked with a ✕.

### SCHOOL MEAL ACCOUNT EMAIL NOTIFICATION

When you sign up with BLPay, you can receive an email notification whenever your child(ren)’s school meal account goes below the dollar amount you choose. You don’t need to deposit money to use this feature. Click on the Edit Profile button after you set up your account and log in, then choose Yes or No for Low Balance Email (default is Yes) and set the Low Balance Amount (default is \$5.00). Click on the Update Profile button, then log out.

### CHARGE POLICY

It is not our intent to allow charges. However, if a child has money in his/her meal account but it is insufficient for the day’s meal, then a charge will be allowed and money will be expected the next day to cover the charge. No charging of ala carte items or second meals will be allowed. Communication regarding low balances and charges will be sent directly to the parent/guardian via email, US mail and/or by phone call as required by state legislation.

### RETURNED CHECK POLICY

Bend-La Pine Schools uses Envision Payment Solutions as its check service provider. They process all checks returned for insufficient or uncollected funds. Your NSF (Non-Sufficient Funds) check may be presented electronically for collection. Additionally, they will debit a \$25 returned check fee from your account. Please do not repay returned checks to Nutrition Services.



Instead, all payments will be handled by:

**Envision Payment Solutions** | PO Box 157 Suwanee GA 30024-0157

Phone: Toll Free 877-290-5460 | Fax: 770-709-3007 | <https://envisionpayments.com>

MEAL PRICES