

8th Graders, Are you interested in trying out for the Bend Senior High School Dance Team?!



The dance team is a group of athletes that have school pride, determination, strong work ethic, and a lot of commitment. We average two to three practices a week, participate in fundraisers, half-time performances, assemblies, parades, and competitions that require travel. Our season starts in August and ends at the end of March. All events and practices are mandatory for all dancers throughout the season. Our coaches pride themselves in possessing and teaching confidence, character building, motivation and passion for the members of this team

Tryouts for our 2024- 2025 team are as follows, and are mandatory:

5/20 6-8pm current 9th, 10th, 11th graders only @ mini gym

5/21 6-8pm current 8th graders only @ BHS mini gym

5/28 6:30- 8pm all dancers @ main gym

FIRST:

1. Please complete our interest form here- <https://forms.gle/hcP75dP5kjb7yEny9>
This allows us to get to know you better, and puts you on our contact list.

THEN, follow the schools clearing process:

1. Sign up for Dance Team tryouts thru FamilyID- <https://www.familyid.com/bend-high-school>
2. Make sure you are cleared from the fines list
3. Bring sports physical to Bend HS Athletic Office
4. Get cleared to tryout/ receive your Yellow Slip

All above steps must be completed by 4pm on May 20th!!!

Once you are cleared thru the school, you will complete the Tryout Packet and bring it with you to Tryouts, along with your Yellow Slip! You will receive an email with more steps and what to expect.



Email: BSHDanceTeam@yahoo.com

Instagram: [benddanceteam](https://www.instagram.com/benddanceteam)

Facebook: Bend Senior High Dance Team

Youtube: Karisa Lemire

DANCE TEAM
2024-25 Tryout Memo
Bend High School Try Out Dates:

5/20 6-8pm: 9th, 10th, 11th @ mini gym
5/21 6-8pm: 8th only @ mini gym (no high schoolers present)
5/28 6:30-8: all dancers @ main gym

CLEARING FOR TRYOUTS

1st sign up on-line. <https://www.familyid.com/bend-high-school> **YOU MUST HIT SAVE AND CONTINUE, THEN THE SUBMIT BUTTON AT THE END!!**

2nd all athletes must be cleared off the FINES list!!

3rd, please bring your sports physical, if applicable, to the athletic office for initial clearing.

Note: Students participating in extracurricular sports must have a current sports physical on file in the athletics office. Sports physicals expire 2 years from exam date and need to be renewed on a 2-year cycle to remain current. We encourage renewal between school years to avoid expiration during your sport season. **ALL PHYSICALS MUST BE ON THE OSAA sports physical form last updated April 2023, or we can NOT accept it. If everything is in order, you will need to come by the ATHLETICS office and get cleared for your DANCE TEAM TRYOUTS.**

(NOTE: Once you make the team, you will be required to pay the one-time \$100 pay to participate fee and clear again through the athletics office the first week of AUGUST)

Currently, you are only clearing to tryouts.

ATHLETIC ELIGIBILITY – Be aware, your JUNE report card determines your eligibility! Student/athletes must be enrolled full time and passing five classes to be eligible for athletics/activities. This includes the current semester of participation, and the semester prior to the athletic season or activity. OSAA requirements of 2.5 credits passed in the previous semester and satisfactory progress towards graduation at the beginning of the school year will be used to determine individual academic eligibility. 10th grade students need a minimum of 4.5 completed credits, 11th graders 11 completed credits, and 12th grade students 18.5 credits at the beginning of the school year. In certain instances, a student's GPA may also be used in determining eligibility.

QUESTIONS: PLEASE Email Coach Karisa @ (bshdanceteam@yahoo.com) or email Genelle @ genelle.reese@bend.k12.or.us ASAP.

ALL OF THE ABOVE MUST BE DONE BY 4pm *May 20th* to be eligible for MANDATORY tryouts. Office hours may vary due to other assigned duties.