



# November

|

2023



ELEMENTARY



SCHOOL



MENU

HELP WANTED!

Work for

Bend-La Pine Schools

see back for details

CUISINE	DAY	Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Americana</i> Fresh Farm Picks	<i>SOUTH OF THE BORDER</i>	<i>asian</i>	<i>Homestyle</i>	<i>ITALIAN</i>
				1 * ✓ ♦ Pumpkin Coffee Cake	2 ✕ Sausage on a Stick	3 * ♦ Homemade Granola Bar
				* Sweet & Sour Popcorn Chicken Brown Rice	✓ * Chicken Pot Pie	* * ✓ Italian Stomboli
6		♦ Apple Frudel	7 ♦ * Strawberry Banana Smoothie	8 * * ✓ Breakfast Flatbread	9 * Sausage Patty, Egg, & French Toast	10
		● * Sloppy Joe's * Cajun Tater Tots	● * Chicken & Cheese Enchilada	* Teriyaki Popcorn Chicken Brown Rice	✓ * Macaroni & Cheese	NO SCHOOL VETERAN'S DAY
13		♦ Ultimate Breakfast Round	14 * * ✓ Biscuit & Gravy & Hash Brown	15 * ✓ ♦ Chocolate Chip Coffee Cake	16 ✕ Sausage on a Stick	17 ♦ French Toast Sticks
		Breaded Chicken Sandwich * Ranch Tater Tots	* * Pork Carnitas Burrito	* Sweet Thai Teriyaki Chicken Wrap Pineapple Honey Slaw	✓ * Thanksgiving Bake (Stuffing, Mashed Potatoes, Turkey Gravy) Corn * Pumpkin Pie	* Baked Chicken Alfredo ✓ * Herb Focaccia
20			21	22	23	24
		THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK
27		♦ Apple Frudel	28 * * ✓ Biscuit & Gravy & Hash Brown	29 * Sausage Patty, Egg, & French Toast	30 ♦ * Tropical Pineapple Smoothie	
		* * BBQ Pork Sandwich * Ranch Tater Tots	♦ * Homemade Bean & Cheese Burrito	* Orange Popcorn Chicken Brown Rice	✓ * Pumpkin Cinnamon Roll ✕ Sausage Patty	

AVAILABLE WITH ALL ELEMENTARY SCHOOL BREAKFASTS:  
Lowfat & Nonfat White Milk, Fresh & Chilled Canned Fruit, Fruit Juice

ADDITIONAL DAILY BREAKFAST ENTRÉE CHOICES:  
Hot & Cold Variety Cereal, Yogurt & Granola, Whole Wheat Buttermilk Bar

AVAILABLE WITH ALL ELEMENTARY SCHOOL LUNCHES:  
Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits,  
Salads, Fresh Vegetables, Orange Juice, Dessert when menued

Daily Dishes	
M	* Salads (Chef, Vegetable w/ ✓ * Roll) ⊗ ✓ * Deli Sandwich (Turkey, * Ham, PBJ) ✓ * * Pizza (Pepperoni, Cheese, or Vegetable) Cheeseburger w/ Tots ▼ ♦ * Egg Salad on Bed of Lettuce w/ Tortilla Chips ♦ * Black Bean Burger w/ Tots
Tu	✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ⊗ ✓ * Deli Sandwich (Turkey, * Ham, PBJ) * Salads (Chef, Vegetable w/ ✓ * Roll) ▼ * Nachos (● Beef, Fajita Chicken, or Bean & Cheese)
W	✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ⊗ ✓ * Deli Sandwich (Turkey, * Ham, PBJ, Egg Salad) ▼ ♦ * Hummus w/ Tortilla Chips * Salads (Chef, Vegetable w/ ✓ * Roll) Hot Dog w/ Tater Tots
Th	✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ⊗ ✓ * Deli Sandwich (Turkey, * Ham, PBJ, Tuna Salad) * Salads (Chef, Vegetable w/ ✓ * Roll) ▼ * Tuna Salad w/ Tortilla Chips Chicken Strips w/ Tater Tots
F	✓ * * Pizza (Pepperoni, Cheese, or Vegetable) ⊗ ✓ * Deli Sandwich (Turkey, * Ham, PBJ) * Salads (Chef, Vegetable w/ ✓ * Roll) ▼ ♦ * Deviled Eggs w/ Tortilla Chips Corn Dog w/ Tater Tots Fish n Tots w/ * Tartar Sauce
KEY	★ New   ● Painted Hills Natural Beef   ✕ May contain pork ▼ Gluten Free   ⊗ Peanuts   * Made fresh from scratch ✓ Camas Country Mills Flour   ♦ Vegetarian   ✱ Shrimp Allergy ♥ Oregon Caught   ☼ Shellfish Allergy



ABOUT NUTRITION SERVICES

# Now Hiring



- Receive all weekends, holidays, and summers off
- Work during the school day - ideal for parents who want to be home before- and after-school
- Bring positive attitude and great work ethic: We provide job training
- Full-time, part-time and substitute positions starting at \$17.48-\$19.36 an hour
- Make a positive contribution in the lives of students



## MEAL PRICES

### Breakfast

Elementary Breakfast .....	\$ 2.50
Secondary .....	\$ 2.75
Reduced * .....	\$ 0.00
Adult.....	\$ 3.25

### Lunch

Elementary .....	\$ 3.50
Secondary .....	\$ 3.75
Reduced .....	\$ 0.00
Adult .....	\$ 4.75

### Beverage

Milk or Juice (if purchased separately) ...	\$ .75
Soy Milk (ala carte only) .....	\$ 1.75

*\* Students that qualify for free or reduced price meals will receive both lunch and breakfast at no charge.*  
*\* Students at community eligibility provision schools receive meals at no cost.*

• This institution is an equal opportunity provider • Menu subject to change • Printed on Recycled Paper

CHECK OUT OUR WEBSITE! [www.bend.k12.or.us/district/parents/school-meals](http://www.bend.k12.or.us/district/parents/school-meals)



- Menus
- Staff
- Jobs
- Catering
- Free & Reduced (+ app)
- Nutrient Contents
- Questions
- Contact Info
- Resources

## AVAILABILITY

We make every effort to have all menued items available each day. However, due to forecasting, cost controls, and efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not find a desired item, he/she should ask the Nutrition Services staff for an alternate choice.

## NUTRISLICE



For your convenience, Bend-La Pine Schools utilizes a digital menuing system called Nutrislice. For easy electronic access, please use this link which is also featured on the Parents/School Meals part of the web page: <https://bend.nutrislice.com/menus-eula-splash>



In an effort to reduce fat, all hot dogs and most "ham" products are made from turkey meat. Pork products are marked with a **X**.

## SCHOOL MEAL ACCOUNT EMAIL NOTIFICATION

When you sign up with BLPay, you can receive an email notification whenever your child(ren)'s school meal account goes below the dollar amount you choose. You don't need to deposit money to use this feature. Click on the Edit Profile button after you set up your account and log in, then choose Yes or No for Low Balance Email (default is Yes) and set the Low Balance Amount (default is \$5.00). Click on the Update Profile button, then log out.

## CHARGE POLICY

It is not our intent to allow charges. However, if a child has money in his/her meal account but it is insufficient for the day's meal, then a charge will be allowed and money will be expected the next day to cover the charge. No charging of ala carte items or second meals will be allowed. Communication regarding low balances and charges will be sent directly to the parent/guardian via email, US mail and/or by phone call as required by state legislation.

## RETURNED CHECK POLICY

Bend-La Pine Schools uses Envision Payment Solutions as its check service provider. They process all checks returned for insufficient or uncollected funds. Your NSF (Non-Sufficient Funds) check may be presented electronically for collection. Additionally, they will debit a \$25 returned check fee from your account. Please do not repay returned checks to Nutrition Services.



Instead, all payments will be handled by:  
**Envision Payment Solutions** | PO Box 157 Suwanee GA 30024-0157  
Phone: Toll Free 877-290-5460 | Fax: 770-709-3007 | <https://envisionpayments.com>