

November 2023 REALMS/BEND TECH ACADEMY SCHOOL MENU

CUISINE DAY

Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>
		1 * Sweet & Sour Popcorn Chicken Brown Rice	2 ✓* Chicken Pot Pie	3 ** ✓ Italian Stomboli
6 ●* Sloppy Joe's * Cajun Tater Tots	7 ♥* Blackened Cod Tacos * Pink Chili Sauce * Honey Slaw * Lime & Chili Sweet Corn	8 * Teriyaki Popcorn Chicken Brown Rice	9 * BBQ Chicken Strips * Macaroni & Cheese REALMS NO SCHOOL	10 NO SCHOOL VETERAN'S DAY
13 **● Bacon Cheeseburger * Tater Tots	14 * Chicken & Cheese Enchilada	15 * Sweet Thai Teriyaki Chicken Wrap Pineapple Honey Slaw	16 ✓* Thanksgiving Bake (Stuffing, Mashed Potatoes, Turkey Gravy) Corn * Pumpkin Pie	17 * Baked Chicken Alfredo ✓* Herb Focaccia
20 THANKSGIVING BREAK	21 THANKSGIVING BREAK	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK	24 THANKSGIVING BREAK
27 ** BBQ Pork Sandwich * Ranch Tater Tots	28 ** Grilled Stuffed Pork Burrito * Lime & Chili Sweet Corn	29 * Orange Popcorn Chicken Brown Rice	30 ✓* Pumpkin Cinnamon Roll * Sausage Patty * Hash Brown	

Daily Dishes

M	▼** Egg Salad
Tu	▼* Nachos w/ ✓Meat & Cheese
W	▼** Hummas Plate w/ Vegetables & Tortilla Chips
Th	▼* Tuna Salad
F	▼** Deviled Eggs
KEY	★ New
	● Painted Hills Natural Beef
	✕ May contain pork
	▼ Gluten Free
	➤ Draper Valley Farms
	☼ Shellfish Allergy
	✓ Camas Country Mills Flour
	◆ Vegetarian
	* Shrimp Allergy
	♥ Oregon Caught
* Made fresh from scratch	
☼ Peanuts	

SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D  L A P I N E
S c h o o l s



• Bend-La Pine Schools is an equal opportunity providers
• Menu subject to change • Printed on Recycled Paper