

BEND LAVABEARS BOYS' SOCCER 2025

Tryouts and Practices

Tryouts and Practices for the boys' soccer teams at Bend Senior High School will start on **Monday, August 18**. Meet at the **BSH 15th St. Soccer Field at 8am**. Our goal is to have the Varsity team established by Thursday, August 21 while the JV players may initially be placed in a JV pool group until we know that we have enough players for three teams. The Varsity team will consist of approx. 14-16 players while the JV teams will consist of approx. 14 - 18 players. Players will be evaluated in four areas; technical ability, tactical awareness, psychology, and conditioning. Team selections will be based on these evaluations along with, how a player fits into the overall team balance, his experience, and his over-all contribution to the team and program. All athletes will be expected to be present at all regularly scheduled team practices and ready to participate on time. Athletes must be committed to attend practice each day along with expending effort in all drills, training exercises, scrimmages, games, and all fundraising activities. Coaches must be informed prior to any planned absences.

School District Requirements

Athletes must pay the participation fee and be cleared by the Athletic Office before they will be allowed to participate in tryouts starting on August 18. This includes having completed a physical exam for players entering 9th and 11th grade. **Please, take care of all the forms and participation fees by Friday, August 15 as the office will be closed on the first day of practice.** The forms are available on Bend High School's website and at the school's Athletics office. The Athletic administrator will be in the office beginning on July 30.

Game & Practice equipment

Soccer shoes, running shoes, shorts, t-shirt, and sweat suit for cold weather. Shin guards are required in high school soccer games. **The shin guards must be age and size appropriate.** Wear your shin guards in practice. Players should always bring their own water bottle. All team members will be asked to purchase their own white team shorts and two pairs of socks. The cost will be approximately \$25 for the shorts and \$15 for each pair of socks, for a total of \$55. Jerseys and navy shorts for games will be supplied by the school.

Summer Program

A summer training program will be offered 8-10am on Tuesdays and Thursdays, starting on **July 8**. The focus is to improve quickness, conditioning, strength and individual technique through soccer related activities. These practices will be at the **Hal Puddy Field**, just south of the 15th St Field. Please see the enclosed Summer Schedule for more details. These sessions have no bearing on team selections. They are simply designed to help players improve their technique and fitness. **Please, bring the Summer Athletic Participation form to your first summer practice filled out and signed.** It's available on the BSH website.

Lavabear Soccer Camp

August 11-August 14, we will have our Lavabear HS Soccer Camp. Please sign up early so you avoid the late fee. Registration forms will be available at the summer practices. This is the best way to get ready for the tryout period.

Coaches

Varsity	Nils Eriksson	Email: nils@mbsef.org	H: 541-480-6971
JV1	Shane Knapp	Email: shane.knapp@bend.k12.or.us	C: 541-419-1714
JV2	Sean Purdy	Email: stpurdy88@gmail.com	C: 541-213-1503

Practice schedule after school has started

	<u>Days</u>	<u>Time</u>	<u>Location</u>
Varsity	Mo-Fr	4:15 – 6:00pm	15 th St. Fields or Bear Creek
JV1	Mo-Fr	4:15– 6:00pm	15 th St. Fields or Bear Creek
JV2	Mo-Fr	4:45 – 6:30pm	15 th St. Fields or Bear Creek

Game Schedule

All BSHS athletic teams have their game schedules posted on the OSAA website (www.osaa.org).

2025 SUMMER SCHEDULE

Summer Program Schedule

Day	Date	Time	Location
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July

Tu.	8	8-10am	Hal Puddy Field (on 15 th Street, just south of the Varsity Field)
Th.	10	8-10am	Hal Puddy Field
Tu.	15	8-10am	Hal Puddy Field
Th.	17	8-10am	Hal Puddy Field
Tu.	22	8-10am	Hal Puddy Field
Th.	24	8-10am	Hal Puddy Field

Memorandum dates are July 27 – August 2

August

Tu.	5	8-10am	Hal Puddy Field
Th.	7	8-10am	Hal Puddy Field

Lavabear HS Soccer Camp August 11 - August 14

Mo-Th	11-14	8-11am	Lava Bear Soccer Camp @ BSH 15 th St. Soccer complex
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Tryout Schedule & Before school starts practice schedule

Mo.	18	8-11 & 6-8pm	Tryouts @15 th or Bear Creek
Tu.	19	8-11	Tryouts @15 th or Bear Creek
We.	20	8-11 & 6-8pm	Tryouts @15 th or Bear Creek
Th.	21	8-11am	Tryouts @15 th or Bear Creek
Fr.	22	8-11am	Varsity & JV1 @15 th or Bear Creek (No JV2 practice)
Mo.	25	9-11:30am	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
Tu.	26	9-11:30am	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
We.	27	9-11:30am	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
Th.	28	9-11:30am	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
Fr.	29	9-11:30am	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA

September

Labor Day Weekend

Sa-Su	30-31		<u>Off</u>	<u>No Practices</u>
Mo	1	5-7pm	Varsity & JV1 @ 15 th or Bear Creek,	JV2: Off

Practice schedule after Labor Day Weekend

Tu	2	4:00pm	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
We	3	4:15pm	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
Th	4	4:15pm	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA
Fr	5	4:15pm	Varsity @15 th or Bear Creek, JV1: TBA, JV2: TBA

To view the game schedules for Bend HS athletic teams, go to the OSAA website (www.osaa.org). There is also a link on the BSH Boys' Soccer website.

*****CHECK OUT THE LAVABEAR PRE-SEASON SOCCER CAMP*****



OUT OF SEASON/SUMMER ATHLETIC PARTICIPATION PERMISSION FORM

Student Name _____ Birth Date _____
Address _____ Cell Phone _____
School Attended Last Year _____ Current Grade _____
Parent Email _____

PERMISSION TO PARTICIPATE:

I understand my student will be participating in summer and/or out of season activities under the direction of school coaches and staff. Students choosing to participate are subject to school & district policies and regulations during these times. My signature on the last line of this document indicates my authorization for participation in such activities by my student.

EMERGENCY INFORMATION:

Name of Parent or Guardian _____

Parent or Guardian Phone Numbers _____

Name of Physician _____ Phone _____

Medical Insurance Name _____

Group Number _____ ID Number _____

List any medical problems, injuries in the last year or current medication _____

****Do you have a physical currently on file with your school** _____

EMERGENCY CONTACT IF PARENT CAN'T BE REACHED:

Name _____ Relation _____

Address _____ Phone _____

MEDICAL RELEASE:

I understand that the coaches will use their best judgment in determining emergency care and procedures. I also understand that the coaches have no provision for expenses incurred in carrying out emergency procedures and emergency transportation. In case of illness or accident to the student named above, the coaches are authorized to obtain immediate medical treatment. I hereby release Bend-La Pine Schools and the coaches from all liability associated with the actions taken in good faith by the coaches in providing or obtaining emergency treatment. My signature below indicates my understanding of this medical release and authorizes my student to participate in summer/out of season activities organized by school coaches or staff.

2025 BSH FALL ATHLETIC MEMO

Football, Boys Soccer, Girls Soccer, Volleyball, Cross Country, Dance & Cheer

(Dance & Cheer-must have made the team in the spring)

Beginning July 14th, payments for the fall sports can be made online at: <https://or-bendlapine.intouchrecepting.com/> along with online registration @: <https://www.familyid.com/bend-high-school>

Clearing begins July 30th – Aug. 15th. ALL athletes must check in with our office prior to Aug. 15th for eligibility.

*Hours may vary due to other duties assigned.

*** NIGHT HOURS August 13th**, our office will be open extended hours. Extended hours will be 4-7:00PM. Please come in and clear. We will have a laptop to use if you need it for online registration. **Please take advantage of these extended hours and clear early!!!**

***August 15th - All athletes must be cleared by the end of this day.**

NOTE: Cross Country registration will remain open due to other sports making cuts.

Closed – We are closed on the FIRST MANDATORY PRACTICE which is MONDAY, August 18th.

CLEARING FOR A FALL SPORT

1st sign up on-line. <https://www.familyid.com/bend-high-school> **YOU MUST HIT SAVE AND CONTINUE, THEN THE SUBMIT BUTTON AT THE END!!**

2nd pay in the accounting office or online in InTouch. Pay to play fees - \$100.00 per sport. All athletes must be cleared off the FINES list!!

3rd, Please bring your sports physical, if applicable, to the athletic office for initial clearing.

Note: Students participating in extracurricular sports must have a current sports physical on file in the athletics office. Sports physicals expire 2 years from exam date and need to be renewed on a 2-year cycle to remain current. We encourage renewal between school years to avoid expiration during your sport season. **ALL PHYSICALS MUST BE ON THE OSAA sports physical form last updated April 2023, or we can NOT accept it.** If everything is in order, you will receive a yellow clearance slip. **You must have the YELLOW slip to TRYOUT/ practice.**

ATHLETIC ELIGIBILITY

Student/athletes must be enrolled full time and passing five classes to be eligible for athletics/activities. This includes the current semester of participation, and the semester prior to the athletic season or activity. OSAA requirements of 2.5 credits passed in the previous semester and satisfactory progress towards graduation at the beginning of the school year will be used to determine individual academic eligibility. 10th grade students need a minimum of 4.5 completed credits, 11th graders 11 completed credits, and 12th grade students 18.5 credits at the beginning of the school year. In certain instances, a student's GPA may also be used in determining eligibility.

- ALL athletes must check in with our office prior to Aug. 15th for eligibility.
- All Athletes must be cleared off the FINES list
 - Please contact Accounting debbie.christian@bend.k12.or.us for questions on fines.
- Questions, please contact genelle.reese@bend.k12.or.us