



September

2022

ELEMENTARY

SCHOOL

MENU

HELP
WANTED!

Work for
Bend-La Pine Schools
see back for details

CUISINE DAY

Monday



Tuesday



Wednesday



Thursday



Friday



Daily Dishes

WELCOME BACK TO SCHOOL!

5	6	7 ♦ French Toast Sticks FIRST DAY OF SCHOOL! * Cheeseburger * Tater Tots	8 ♦ Ultimate Breakfast Round * Chicken Strips * Tater Tots	9 ♦ * Homemade Granola Bar * Chicken Penne Alfredo ✓ * Italian Breadstick
12 ♦ Apple Frudel * Breaded Chicken Sandwich * Ranch Potato Wedges	13 * * Sausage on a Stick ● * Beef Soft Taco Tortilla Chips	14 ✓ ♦ * Banana Chocolate Chip Coffee Cake * * Chicken & Ham Fried Rice	15 * * Ham & Cheese Quesadilla * Baked Creamy Macaroni & Cheese	16 * ✓ Chicken in a Biscuit ✓ ♦ * Cheesy Breadstick ♦ * Marinara Dipping Sauce
19 ♦ Ultimate Breakfast Round * Tomato Basil Soup * Toasted Cheese	20 * * Sausage & Cheddar Scramble ♦ * Homemade Bean & Cheese Burrito	21 ♦ French Toast Sticks * * Sweet Thai Chicken Teriyaki Wrap ♦ * Pineapple Honey Slaw	22 * ✓ Breakfast Flatbread * Chicken Pot Pie * ✓ Chocolate Chip Cookie	23 ✓ ♦ Bagel & Cream Cheese ● * Baked Beef Ziti ✓ * Italian Breadstick
26 ♦ Apple Frudel * * Cheesy Chili Mac	27 * * Sausage on a Stick * ● * Beef Spanish Rice Tortilla Chips	28 ✓ ♦ * Pumpkin Coffee Cake * Teriyaki Yakisoba Noodles with Chicken & Veggies	29 * * Ham & Cheese Quesadilla ✓ * Homemade Cinnamon Roll Sausage Patty	30 ✓ ♦ * Biscuit & Sausage Patty ● * Baked Beef Bolognese ✓ * Italian Breadstick

M

- * Salads (Chicken Caesar, Chef, Vegetable w/ ✓ * Roll)
- ✓ * Deli Sandwich (Turkey, * Ham, PBJ)
- ▼ ♦ * Hummus w/ Tortilla Chips
- ✓ * * Pizza (Pepperoni, Cheese, or Vegetable)
- Cheeseburger w/ Tots
- ♦ * Black Bean Burger w/ Tots

Tu

- ✓ * * Pizza (Pepperoni, Cheese, or Vegetable)
- ✓ * Deli Sandwich (Turkey, * Ham, PBJ)
- * Salads (Chicken Caesar, Chef, Vegetable w/ ✓ * Roll)
- ▼ * Nachos (● Beef or Bean & Cheese)

W

- ✓ * * Pizza (Pepperoni, Cheese, or Vegetable)
- ✓ * Deli Sandwich (Turkey, * Ham, PBJ, Egg Salad)
- * Salads (Chicken Caesar, Chef, Vegetable w/ ✓ * Roll)
- ▼ ♦ * Egg Salad on Bed of Lettuce w/ Tortilla Chips
- Hot Dog w/ Tater Tots

Th

- ✓ * * Pizza (Pepperoni, Cheese, or Vegetable)
- ✓ * Deli Sandwich (Turkey, * Ham, PBJ, Tuna Salad)
- * Salads (Chicken Caesar, Chef, Vegetable w/ ✓ * Roll)
- ▼ * Tuna Salad w/ Tortilla Chips or Tuna Deli
- Chicken Strips w/ Tater Tots

F

- ✓ * * Pizza (Pepperoni, Cheese, or Vegetable)
- ✓ * Deli Sandwich (Turkey, * Ham, PBJ)
- * Salads (Chicken Caesar, Chef, Vegetable w/ ✓ * Roll)
- ▼ ♦ * Deviled Eggs w/ Tortilla Chips
- Corn Dog w/ Tater Tots

KEY

- ★ New | ● Painted Hills Natural Beef | ✖ May contain pork
- ▼ Gluten Free | ➤ Draper Valley Farms
- ✓ Camas Country Mills Flour | ♦ Vegetarian
- ♥ Oregon Caught | * Made fresh from scratch

Est. 1883

BEND LAPINE
Schools

EDUCATING THRIVING STUDENTS

AVAILABLE WITH ALL ELEMENTARY SCHOOL BREAKFASTS:

Lowfat & Nonfat White Milk, Fresh & Chilled Canned Fruit, Fruit Juice

ADDITIONAL DAILY BREAKFAST ENTRÉE CHOICES:

Hot & Cold Variety Cereal, Yogurt & Granola, Whole Wheat Buttermilk Bar

AVAILABLE WITH ALL ELEMENTARY SCHOOL LUNCHES:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits,
Salads, Fresh Vegetables, Orange Juice, Dessert when menued

Now Hiring

Nutrition Staff with Bend-La Pine Schools



- Receive all weekends, holidays, and summers off
- Work during the school day - ideal for parents who want to be home before- and after-school
- Bring positive attitude and great work ethic: We provide job training
- Full-time, part-time and substitute positions starting at \$17.48-\$19.36 an hour
- Make a positive contribution in the lives of students



Visit our website for more job details at bls.fyi/careers



MEAL PRICES

Breakfast

Elementary Breakfast	\$ 2.50
Secondary	\$ 2.75
Reduced *	\$ 0.00
Adult.....	\$ 3.25

Lunch


Elementary	\$ 3.50
Secondary	\$ 3.75
Reduced	\$ 0.00
Adult	\$ 4.75

Beverage

Milk or Juice (if purchased separately) ...	\$.75
Soy Milk (ala carte only)	\$ 1.75
* Students that qualify for free or reduced price meals will receive both lunch and breakfast at no charge.	
* Students at community eligibility provision schools receive meals at no cost.	

ABOUT NUTRITION SERVICES

CHECK OUT OUR WEBSITE! www.bend.k12.or.us/district/parents/school-meals



Menus	Catering	Questions
Staff	Free & Reduced (+ app)	Contact Info
Jobs	Nutrient Contents	Resources

AVAILABILITY

We make every effort to have all menued items available each day. However, due to forecasting, cost controls, and efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not find a desired item, he/she should ask the Nutrition Services staff for an alternate choice.

NUTRISLICE



For your convenience, Bend-La Pine Schools utilizes a digital menuing system called Nutrislice. For easy electronic access, please use this link which is also featured on the Parents/School Meals part of the web page: <https://bend.nutrislice.com/menus-eula-splash>



In an effort to reduce fat, all hot dogs and most "ham" products are made from turkey meat. Pork products are marked with a **X**.

SCHOOL MEAL ACCOUNT EMAIL NOTIFICATION

When you sign up with BLPay, you can receive an email notification whenever your child(ren)'s school meal account goes below the dollar amount you choose. You don't need to deposit money to use this feature. Click on the Edit Profile button after you set up your account and log in, then choose Yes or No for Low Balance Email (default is Yes) and set the Low Balance Amount (default is \$5.00). Click on the Update Profile button, then log out.

CHARGE POLICY

It is not our intent to allow charges. However, if a child has money in his/her meal account but it is insufficient for the day's meal, then a charge will be allowed and money will be expected the next day to cover the charge. No charging of ala carte items or second meals will be allowed. Communication regarding low balances and charges will be sent directly to the parent/guardian via email, US mail and/or by phone call as required by state legislation.

RETURNED CHECK POLICY

Bend-La Pine Schools uses Envision Payment Solutions as its check service provider. They process all checks returned for insufficient or uncollected funds. Your NSF (Non-Sufficient Funds) check may be presented electronically for collection. Additionally, they will debit a \$25 returned check fee from your account. Please do not repay returned checks to Nutrition Services.



Instead, all payments will be handled by:
Envision Payment Solutions | PO Box 157 Suwanee GA 30024-0157
Phone: Toll Free 877-290-5460 | Fax: 770-709-3007 | <https://envisionpayments.com>