

SENIOR NEWS

MOUNTAIN VIEW HIGH SCHOOL CLASS OF 2019

Congratulations parents! It is senior year and your student is almost there. Whether they plan to attend a 4-year university, 2-year community college, trade school, military or apprentice program, we are here to help them navigate the process. We know there can be uncertainty about applying to colleges and finding the money to fund their education, but we can help by offering resources to make the process much easier. We also offer experiential learning opportunities which can include job shadows, internships and career development.

We want to be an additional support to you and your student as you guide them to their future careers and dreams! Make an appointment or send your student to the College & Career Center for assistance. We hope this newsletter provides some basic information and you can find more on our website:

<https://www.bend.k12.or.us/mountainview/academics/college-and-careers>

Joi Leahy and Joy Parnakian - College & Careers

Financial Aid and Scholarships

FAFSA - Application is open.

All students planning to attend college should complete the FAFSA at www.fafsa.gov. Federal aid includes grants, workstudy and loans. A FAFSA tips handout is available in the College & Career Center.

OREGON PROMISE GRANT - Available to any Oregon student with a 2.5 GPA or higher planning to attend community college in Oregon who has lived in Oregon for 5 years. We recommend all seniors complete this application!
www.oregonstudentaid.gov.

SCHOLARSHIPS - Free money that can come from a variety of sources and is generally merit, financial need or talent based. This includes institutional aid (from the college), OSAC Scholarships and private scholarships. Check our website for a scholarship list and make sure you do not miss deadlines. There is also a Scholarship Board in the College & Career Center where copies of scholarships are posted. Pick up a Scholarship Tracker and an Essay Writing Guide in the College & Career Center to help you organize and complete your applications.

WORK STUDY - We recommend student check work study when completing the FAFSA. This allows them to work on campus to supplement their expenses.

LOANS - To learn more about student loans and how they work, please pick up a copy of the Oregon Opportunities Book in the College & Career Center. Be educated about loans before you accept them.

RESOURCES: There are some great video resources on financial aid at this site including some in Spanish :
<https://www.youtube.com/user/aspireoregon>
There are also helpful handouts in the College & Career Center.

DON'T MISS Scholarship Night - January 15, 6 - 8 pm
in the Mountain View Library. Find money for college, learn about scholarship essays, and browse private scholarship tables for applications.

Standardized Testing

SAT test dates are available at www.collegeboard.org

ACT test dates are available at www.act.org

All universities require students to take one of these tests. Score requirements vary for admission.

Students will be asked to send test scores and in most cases they need to come directly from SAT or ACT.

SAT and ACT study guides are available in the College & Career Center and we highly recommend using Khan Academy on the student iPad for study help.

To understand the differences between SAT & ACT, check out this website: <https://collegereadiness.collegeboard.org/sat/inside-the-test/compare-new-sat-act> - or pick up a copy in the College & Career Center.

Graduation Requirements

SENIORS/PARENTS: Please check your Studentvue/Parentvue regularly to view grades and graduation progress. You can see if your student has completed their **ESSENTIAL SKILLS** and their **CAREER RELATED LEARNING/16 Hours Personalized Learning** which is required for graduation.

CAREER RELATED LEARNING can include the following: internships, job shadows, informative interviews, community service, field trips and more. Many of our classes have this embedded in their curriculum. Check with your counselor and pick-up your CRLE reflection form in the Counseling Office or College & Career Center.

You can find more information about graduation requirements on the Mountain View High School Counseling Page:
<https://www.bend.k12.or.us/mountainview/academics/counseling>

UPCOMING EVENTS

Financial Aid Week - Oct. 22 - 26 with FAFSA appointments and help with Oregon Promise
Portland College Fair - Oct. 29 - Portland Oregon - over 350 colleges attending.

Senior Meeting - Oct. 31 - Miner's Grad Service

College Visits - Various Dates - Colleges continue to visit during the school year - see website

Senior Pictures due - Nov. 1 - See Beth Zilk with questions.

College Application Week - Nov. 5 - 9 - Special information sessions each day.

COCC Preview Day - Nov. 9 - COCC Campus - Permission slips required.

NW College of Construction Field Trip - Nov. 7 - Portland, Oregon

Skilled Trades Fair - Nov. 16 - Redmond COCC Campus - over 50 trades represented.

Career Development Week - January - Career Fair, Interviewing and Resume writing.

Scholarship Night - Tues. Jan. 15 6 - 8 pm - Learn how to write your essay and where to find scholarship dollars for college.

For more events, field trips, job shadow rotations and guest speaker dates, check out the College & Career website. We update our event page each week.

College Admissions

COLLEGE APPLICATION WEEK NOV. 5-9

Special presentations each day including the following topics:

[Public University Admissions](#)

[Private University Admissions](#)

[Common Application Help](#)

[NCAA Eligibility and Q & A](#)

There will also be application workshops by COCC, OSU and WOU to help you complete your application, read your essays and answer general admission questions. Check College and Career Center for dates and times of these events.

TRANSCRIPTS: Colleges will ask for your high school transcripts. (along with transcripts from any colleges you have received dual credit). Students can order high school transcripts directly through Parchment. www.parchment.com. Create an account with your personal email address. Send transcripts free to any colleges you are applying to.

Your test scores are on your transcript. Many colleges will accept those scores from your transcript for admissions. Others may require you have them sent directly from ACT or SAT. Ask the Joys for more information.

KNOW YOUR DEADLINES: Most Oregon Universities have deadlines starting Jan. 15. Most California schools are in November while others have "rolling" admission. Make sure you check all of your deadlines and admission requirements.

Confused? Just ask, we can help!

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Internships and Job Shadows

Uncertain about your career path? Consider a job shadow or internship opportunity. Learning more about your college major or career path can help you make the best choices. It is a great way to see, first hand, what a job is like and ask questions of people who have experience in this field.

Twice a month David Haines, Bend Chamber Internship Coordinator visits Mountain View to talk to students about paid internship opportunities.

We also offer skills assessment and interest profile testing to help your student identify career paths they may be interested in.

See Joi in College & Careers to request a job shadow, internship or apprenticeship opportunity.

Aspire Mentor Program Volunteers Needed!

Our Aspire Mentor Program is a great opportunity to partner with Mountain View and help students navigate their future. Each Junior and Senior is offered the help of an Aspire Mentor during the school year. We provide training and materials and mentors assist with the student's future plans. We are always looking for people who want to invest in youth and give back to our school.

There are some great videos provided by the Aspire program on the Office of Student Access and Completion website:

<https://www.youtube.com/user/aspireoregon>

See Joy in College & Careers for more information and how you can volunteer.