

2020 Cascade Mountaineers Wrestling

Wrestling practice will start Monday, January 6th in the North Gym. Practice will be from 3:50 to 5:30 Mon, Tues, Thurs, Friday. Coaches are Steve Collins and Mark Quon. If you have any questions call 541-355- 7048.

The following items must be completed in order to be eligible to practice:

- ❖ Register online through Family ID
- ❖ \$40 Athletic Play-to-Play participation Fee
- ❖ Current physical on file
 - **6th and 7th graders** – physical must be dated **5/1/19** or later
 - **8th graders** – physical must be dated **5/1/18** or later

Cascade Wrestling Schedule

- **Wed. Jan 22 @ Pilot Butte Middle School** – 4pm; 3:30 Bus pick up
(Cascade, Crook County, Sky View)
- **Wed. Jan 29 @ Pilot Butte** – 4pm; 3:30 Bus pick up
(Cascade, Elton Gregory, Culver, Obsidian)
- **Fri. Jan 31 – Bend City Championship @ Bend High School**
(All Bend Middle Schools and La Pine Middle School will attend)
- **Wed. Feb 5 @ Cascade Middle School** – 4pm
(Sky View, Three Rivers, Elton Gregory)
- **Wed. Feb 12 @ Pacific Crest** - 4pm; 3:30 Bus pick up
(Cascade, N. Lake, Sisters, Jefferson County)
- **Fri/Sat. Feb 21/22 – Middle School District Championship @ La Pine High School**

Non- school sponsored – attendance to the following meets is on an individual basis.

- Sat. March 7 – State Qualifiers – Regionals @ Mountain View High School
- Sat. March 14 – Middle School State Wrestling Championships @ Woodburn High School

Bend-La Pine Schools require students to attend school **ALL** day on the day of an athletic event (**excluding an absence due to a doctor or dentist appointment**) or they will not be allowed to participate.

Busing is provided to events in Bend during the school week, but parents/guardians are responsible for their child's transportation home after the event.