



SUMMIT HIGH SCHOOL

**2020-2021
Curriculum Guide
for Freshmen**

Welcome to Summit High School



Welcome to Summit High School, home of the STORM! We're excited that you'll be joining the SHS Community and want you to have an excellent high school experience. From the perspective of 8th grade, high school can seem intimidating and overwhelming. What classes should you take? How do you make connections to adults? What happens after high school with college and career? How do you keep track of friends and make new ones? Many of these questions are answered slowly over the four years of your high school career. Check out the ones below for a Q & A more focused on Freshman Year.

What is Forecasting?

- ◆ Forecasting is basically when we ask you what classes you plan to take next year.
- ◆ It is extremely important that you make informed choices during forecasting so that you get the classes you're really excited about. If you don't get your first choice, make sure your alternate choices align with your interests or curiosity.
- ◆ Once you pick a course, we expect you to stick with it. Please read the course descriptions carefully as you are planning your year.
- ◆ Remember, if you don't get it this year, you have 3 more years after this one.

What is Freshman year really like?

Freshman year is a blast!

- ◆ You get to meet or reunite with students who went to other middle schools or meet students brand new to Bend and make new friends.
- ◆ You take a wide variety of cool elective courses.
- ◆ You can participate in dozens of clubs and activities, many of which you may have never thought existed. If you don't find one you like, you can start one yourself!
- ◆ You begin to seriously focus on your future and see the long term value of your decisions.

Freshman year is challenging!

- ◆ The classes you take become part of your transcript, which you can use for future plans.
- ◆ You have more and greater responsibilities, both academically and socially.
- ◆ You will probably have a bit more homework.

Freshman year builds character and identity

- ◆ You are older and expected to act more like an adult.
- ◆ You are learning to be a self-advocate.
- ◆ You may face tough academic and personal choices that will show you who and what really matters to you.

Why do I hear so much about staying involved?

- ◆ It doesn't matter what it is, but staying involved in a school sport, club or activity will help keep you focused on school and the community and give you tons of reasons to be at and stay at your best.
- ◆ When you connect to a group (Mock Trial, Music, Interact Club, Theater, Athletics etc.) you become part of something greater than just yourself. You learn skills, meet mentors, travel, laugh or cry, win or lose, all for a goal that you can share with others who have your interests. It really becomes a powerful motivator for keeping up on homework, attendance and healthy choices.
- ◆ It helps you organize your time. You know how boring it can be to have nothing to do! Even though it seems like it should be the opposite, having an activity helps you stay more focused on school work because you have reasons to stay motivated and organized.
- ◆ It doesn't matter what it is, do something that connects you to school!

Is attendance important in High School?

- ◆ YES! It might be the most important habit to develop as you move through high school. Being at school, on time, as much as possible, is the best way to build relationships, stay organized and know what is going on.
- ◆ Teachers plan the year carefully. When you're not there or when you come in late, it is easy to become distracted, disconnected or bored.

What about Honors and AP Classes?

- ◆ You can take Honors English as a Freshman (Lit and Comp 1 Honors) but there are no AP classes available during the freshman year.
- ◆ AP level classes are available beginning in your sophomore year. We have AP classes in Math, Science, English, Social Studies, Art, Computer Science, World Language and Research.
- ◆ In Elective areas, there are also "levels" and as you get older, you can move up to more and more challenging levels (Japanese 4, AP Art, Manufacturing Technology 4, for example).
- ◆ Thinking about Honors English? Talk to your 8th grade Humanities or English teacher and see if they think you're ready. Honors Classes move a little faster, and there may be a bit more homework as a result.
- ◆ You will have lots of time to learn about AP classes as you get closer to your sophomore year.

What classes do I have to take as a Freshman?

- ◆ All freshmen take English (Honors or Standard), Science (Biology), Math (most will take Alg1/Geometry), Social Studies (Pre-AP Modern World History), Wellness (Health/PE), Plus 2 Elective Credits (World Language, Music, Programming, Art, Graphic Design etc.).
- ◆ All Freshmen take 7 classes for the whole year with the goal of earning 7 credits.

Last bit of advice:

- ◆ Don't be nervous! The entire 1st day of school, Sept. 9th, is just for FRESHMEN! (Everyone else doesn't start school until the next day.) Student council will give you a tour, the cafeteria will give you lunch and you'll go to each of your classes for a short time so you can find your class locations and meet your teachers. It's a super fun day!
- ◆ Every individual has the power to be themselves, achieve and fail, participate or stand on the sidelines. You will create your own perceptions and be a big part of making Summit what it is in the future.
- ◆ Become yourself in high school, and you will find that school will follow and become what you make it.
- ◆ At Summit, we respect your mind, your goals, and your desire to practice becoming an adult. We're really excited to get to know you!

GO STORM!

SHS Counselors - Our counselors are available to assist students with scheduling problems, personal and social growth issues, academic concerns, and college and career planning. Students can make an appointment to see their counselor in the Counseling Office. The best way for parents to reach a counselor is via email.

Andy Fleming 541-355-4203
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Karen Luke, Kady Stafford, Andy Fleming, Alyssa Lopez,
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Course Descriptions

And there are 4 different levels of classes at SHS:

Standard classes are appropriate for most students to foster skills and understanding at grade level.

Honors classes are for those students whose skills, abilities and interests are exemplary. In general, honors classes progress more quickly, cover more material, and go into more depth than standard classes.

AP classes are the most rigorous courses of study we offer. These 22 college-level offerings are tied to national curricula, require special teacher training, and culminate in an exam that, when successfully passed, may translate to a college credit. They offer consistently rich and challenging material, and require much from a student.

Summit also offers several **College Now classes**. College Now is a partnership between Central Oregon Community College and area high schools in which students can earn college credits which can transfer to all Oregon public colleges and universities.

Students work carefully with their counselors to find the best fit for them in all classes.

ARTS: Performing and Visual

Summit Strings

Grade: 9-12 Credit: 1.0

Prerequisite: Previous membership in a middle school or high school orchestra program or instructor consent. An audition may be required.

Orchestra is a course devoted to the study and performance of string and symphonic orchestra music. Baroque, classical, romantic, contemporary, and popular styles of music are studied and performed. Course activities include listening, music reading, discussion, sectional rehearsals and performance.

Chamber Orchestra

Grade: 9-12 Credit: 1.0

Prerequisite: Students must audition.

An advanced class focusing on the study of chamber and string music from all time periods. Members will play as a group in addition to forming smaller groups. Independent playing is a major aspect of the class. The class will perform 6 to 8 concerts per year with at least 2 festivals, perhaps more. An audition is required as well as a year-long commitment. One year previous/concurrent enrollment or participation in string orchestra or instructor approval is required in order to take this class.

Concert Band

Grade: 9-12 Credit 1.0

Prerequisite: Previous membership in a middle school band program highly recommended.

This course is open to students of all grades and is an intermediate course for woodwind, brass and percussion students. The music encompasses a wide range of musical styles. A variety of experiences are available, including solo and ensembles as well as concert performances. Students are expected to participate in all group performances and activities. This class will perform with Summit Winds as the Summit HS marching band for parades and athletic events. Student purchase of pep band attire and performance attire is expected. This is a year-long class, except for percussionists, who should begin in Percussion Techniques for Semester 1.

Summit Wind Ensemble

Grade: 9-12 Credit: 1.0

Prerequisite: Student must audition and be selected to be a member of this ensemble and students must maintain OSAA academic eligibility to perform for district and state contest. Students must audition for this advanced, select ensemble.

The music encompasses a wide range of musical styles with an emphasis on band literature of a high technical and musical level. A variety of other experiences are available including solo, ensembles and honor bands. Students are expected to participate in all group performances and activities. This class will perform with Concert

Summit Wind Ensemble continued

Band as the Summit High School Marching band for parades and home athletic events. This is the premier performing ensemble of the Summit band program. Student purchase of performance uniforms is expected. This is a year-long class, except for percussionists, who should begin in Percussion Techniques for Semester 1.

Stage Band

Grade: 9-12 Credit: 1.0

Prerequisite: Must have director permission and have concurrent membership in Summit Winds or Concert Band.

This course is an introduction to jazz music, improvisation and serves as a training ensemble for students wishing to become a member of the Jazz Band. Students will study basic jazz theory and styles, including swing, Latin and fusion. Members will perform improvised solos in class and in performance. Students must receive director permission to enroll in Stage Band, and may need to audition (especially for piano, bass, guitar, and drums). Except for students playing guitar or piano, students must be concurrently enrolled in Concert Band, Percussion Techniques, Wind Ensemble, or one of the Orchestra classes in order to be members of Stage Band. Students are expected to participate in all group performances and activities.

Jazz Ensemble

Grade: 9-12 Credit: 1.0

Prerequisite: Students must audition and have concurrent membership in Summit Winds, Percussion Techniques, or Chamber Orchestra.

An advanced performing ensemble focused on studying jazz. This group performs many styles, including swing, Latin and rock. Students must audition for this ensemble. Except for students playing guitar or piano, concurrent membership in Summit Winds or Chamber Orchestra (bass) is required for membership in Jazz Band. Students are required to show a high degree of dedication to practice and skill development on their instrument. Attendance at all rehearsals and performances of this group during and outside the school day is a requirement. This requires a year-long commitment. Student purchase of performance uniform is expected.

Concert Choir

Grade: 9-12 Credit: 1.0

Prerequisite: None

This choir is open to all students with or without previous singing experience. A wide variety of music is studied and performed. Emphasis is on skill and character development. Attendance at all performances of this group during and outside the school day is required. You must pass an audition at the end of first semester to remain in the choir second semester.

ARTS: Performing and Visual *(continued)*

Guitar

Grade: 9-12 Credit: 0.5

Prerequisite: None

Students learn the basics of guitar playing, including reading music, classical technique (applied to any style of playing), and a variety of chords. A musical background helps, but is not required. **Students must own or have access to an acoustic guitar in order to participate in this class.**

Percussion Techniques

Grade: 9-12 Credit: 0.5

Prerequisite: Experience reading music. Previous membership in band program strongly preferred, but the course is open to all.

This class is open to students interested in performing percussion instruments (All percussionists should enroll in this class for first semester, and then may transfer in to Concert Band or Summit Winds in second semester). Individual technique development for percussion performance is stressed. Individual and ensemble performance opportunities are requirements of the course. Students will perform in the athletic pep band performances as well as marching band. While most percussion equipment is provided, students should have their own sticks and mallets (list of equipment needed will be given at the beginning of the year). Student purchase of pep band attire and performance attire is expected.

Musical iPad

Grade: 9-12 Credit: 0.5

Prerequisite: Must have an iPad

This class is open to all students with or without previous music class experience. Creating music with the help of iPad and exploring various instrument apps will be the focus. Garage Band and other apps will be utilized to record music that students will create individually and in small group. A high interest in creating and/or performing music and working with classmates is helpful. Many opportunities for sharing your music will be available.

Musical Theatre

Grade: 9-12 Credit: 0.5

Prerequisite: None

This course will give students the opportunity to learn about the triple action craft of acting, singing and dancing through the performance and study of musical theatre. Both theoretical and practical, this course serves as a broad overview of the history, styles, works and most influential artists of the musical theatre genre. Students will also hone their performance skills in acting, singing and dancing through musical theatre scene and song work.

Theatre Arts 1

Grade: 9-12 Credit: 0.5

Prerequisite: None

This is an intro into the art of theatre, including basic terminology, movement, voice, character, improvisation and scene work, play reading, as well as basics of costume, lighting and set design. Focus is on ensemble work, collaboration and risk-taking. Students also gain confidence in public speaking, reading and writing skills. Students that are both new to theatre and experienced will benefit from developing confidence being in front of an audience, honing performance skills and developing foundational knowledge and a common vocabulary for further theatre studies.



6.

Theatre Arts 2

Grade: 9-12 Credit: 0.5

Prerequisite: Theater Arts 1

Students continue to develop theatrical performance skills with emphasis shifting from group work to individual performance. Students will explore different theatre genres including: open scenes, improvisation, comedy and drama through both a classical and contemporary lens. Students will be introduced to contrasting theatre theorists and acting styles (Stanislavski, Meisner, Viewpoints, Shakespeare, etc.) in working with both monologues and scenes. Focus is on the individual development of each student's performance skills.

Stagecraft 1: Sets, Props, Costumes

Grade: 9-12 Credit: 0.5

Prerequisite: None

Stagecraft is a hands-on introduction to the understanding, designing, crafting and actualization of theatre production. Students will learn basic backstage theatre terminology and obtain the hands-on skills to properly execute a theatrical production from page to stage, including: set building, properties creation, costume design and basic stage makeup design and application. Students will also learn how to properly and safely use a variety of tools and equipment related to theatrical production. This is a hands-on class and all students are expected to participate in all activities, as well as complete reading assignments, participate in discussion and pass safety quizzes. Stagecraft 1 & 2 are recommended as a yearlong sequence, but can also be taken out of order.

Stagecraft 2: Tech and Management

Grade: 9-12 Credit: 0.5

Prerequisite: None

Stagecraft 2 is a continuation of the understanding, designing, crafting and actualization of theatre production. Students will continue to build upon foundations from Stagecraft 1 and develop further hands-on skills to properly execute a theatrical production from page to stage, including: directing, lighting and sound. Students will learn how to properly and safely use a variety of tools and equipment related to theatrical production. This is a hands-on class and all students are expected to participate in all activities, as well as complete reading assignments, participate in discussion and pass safety quizzes.

Sculpture

Grade: 9-12 Credit 0.5

Prerequisite: None

This course includes basic elements and principles of sculpture by using easily accessible materials. Students will explore a variety of materials in creating original and expressive sculptures, including but not limited to: wire, wood, cardboard, concrete, clay and found or recycled objects. Express yourself!

Survey of Art Media

Grade: 9-12 Credit: 0.5

Prerequisite: None

Survey of Art Media offers students the opportunity to develop skills in drawing, painting, printmaking, ceramics, photography and mixed media. Students will develop those skills necessary for drawing & painting and learn color theory & composition. Attention is given to the elements of art and the principles of design as key art vocabulary. An awareness of the history of art, artistic critical thinking, problem solving and exploration is developed.

Nature Drawing

Grade: 9-12 Credit: 0.5

Prerequisite: None

This course will focus on observational drawing with the natural world as inspiration. Nature Drawing will encourage students to develop and hone foundational drawing skills including a focus on use of space and perspective. Attention will be given the developing of value and texture. Students will frequently work en plein air and will explore a variety of drawing mediums including graphite, charcoal and ink.

Career Technical Education (CTE)

Computer Programming 1

Grade: 9-12 Credit: 1.0

Prerequisite: None

This introductory course offers students a hands-on introduction to computer programming. The course will include some of the major themes in computing, such as abstraction, design, recursion, concurrency, simulation, and the limits of computation. The course includes an introduction to web development, app development, game development and the use of a written programming language. The focus will be on introducing coding to anyone that is interested, no previous experience necessary! And a home computer is not necessary to take this course.

Intro to Engineering Design (IED)

Grade: 9-12 Credit: 1.0

Prerequisite: None

The major focus of IED is to expose students to the design process, professional communication and collaboration methods, design ethics, technical documentation, and the manufacturing process. Students begin with design tasks, then paper pencil drafting, and within months use industry standard 3D solid modeling software (CAD/CAM) to design and document solutions to problems and challenges. Engineering college credit opportunities are available to students who show mastery in course content.

Manufacturing Technology 1

Grade: 9-12 Credit: 0.5

Prerequisite: None

Manufacturing Tech 1 is an introduction to hand and power tool use in woodworking. Students will build a strong foundation through required small projects. This class will provide basic understanding of designing, manufacturing, and joining materials. Students will apply basic math to calculate sizes, cuts, and materials costs. Students are evaluated on completed projects, work ethic, and tests. Students entering college or skilled trades with hands on experience have an upper hand when seeking engineering, architectural, and design related careers. Emphasis in this class is hands-on shop work.

Manufacturing Technology 2

Grade: 9-12 Credit: 0.5 **Prerequisite:** C or better in Man Tech 1

Students in Man Tech 2 are building on skills acquired in Man. Tech. 1 as they tackle four challenging concepts in woodworking and design. The four concepts include advanced wood joinery, jig design, frame & panel construction, and leg & rail construction. Throughout the semester, the learning environment slowly shifts from instructor designed projects to student designed projects that reach the intended learning goals of the course.

Video Arts 1

Grade: 9-12 Credit: 0.5

Prerequisite: None

Look around you! The world of multimedia is everywhere and video is an important part of that world. In this class you will learn about the world of video production ranging from analyzing and shaping messages to working with the technology available to create an

Video Arts 1 continued

effective product. This class will consist of learning the pre-production, production, and post-production phases of video production, which includes storyboarding, the basics of video composition and becoming proficient in the use of the equipment necessary to shoot and edit high quality digital video.

Video Arts 2

Grade: 9-12 Credit: 0.5

Prerequisite: C or higher in Video Arts 1 or Instructor Approval

This class is a continuation of Video Arts 1, where students will continue to develop and hone their skills in all phases of video production, focusing on longer projects to include commercial/infomercial, film shorts, documentaries, and news segments. Students will be encouraged to find presentation venues for their projects such as festivals and contests. Students will work independently, in small group, and as a complete crew, participating in all aspects of these projects. The course can include covering school events which may involve outside of class expectations for students.

TV Broadcasting

Grade: 9-12 Credit: 0.5

Prerequisite: Grade of C or better in Video Arts 1 or Instructor Approval

This is an introductory course that explores TV broadcasting. Students learn the fundamentals of TV broadcasting, including writing, producing, and editing. Students will learn all the roles of a television news crew by producing the "Summit News" weekly broadcast. The course includes covering school events that may involve outside of class expectations for the students.

Graphic Arts 1

Grade: 9-12 Credit: 0.5

Prerequisite: None

This course teaches students how to use computer software such as Adobe Illustrator and Photoshop to create graphic design and digital art works. Students will create a variety of full-color works found in commercial graphics and fine arts (logo design, business cards, magazine design, posters, t-shirt design, etc.). Students will develop a vocabulary with which to discuss and critique their own work as well as the work of others. A final portfolio of best work will be submitted at the end of the semester.

Graphic Arts 2

Grade: 9-12 Credit: 0.5

Prerequisite: C or better in Graphic Arts 1

This course will build on and further develop the skills learned in Graphic Arts 1. Students will be introduced to various aspects of the graphic design field and complete work based on real and fictional client expectations (branding, brochures, package design, posters, etc.). Students will continue to develop a vocabulary with which to critique their own work as well as the work of others.

LANGUAGE ARTS

Lit & Comp 1

Grade: 9

Credit: 1.0

Prerequisite: None

This course emphasizes the major forms of literature: short story, drama, novel and nonfiction. Students study literature from various time periods, building writing and grammar skills and practicing the writing process. Writing focuses on meeting the Common Core State Standards. Students develop the reading and writing skills necessary to be successful in future English classes. the narrative/ imaginative and expository modes.

Lit & Comp 1 Honors

Grade: 9 Credit: 1.0

Prerequisite: Must meet 2 of the following 3 criteria - A or B in 8th grade English, Aspire score of 85%, Smarter Balanced score of Exceeds.

This course emphasizes the major forms of literature: short story, drama, novel, nonfiction and poetry. Students study literature from various time periods. Expanding writing skills, reinforcing grammar skills, and practicing the writing process highlight the curriculum. Writing focuses on meeting the Common Core State Standards in the narrative/ imaginative and expository modes.

LANGUAGE ARTS *continued*

Yearbook

Grade: 9-12 Credit: 1.0 *Elective Credit*

Prerequisite: Must have a 'B' or better in English classes.

In this class students will produce the school yearbook, The Peak. Students will participate in several of these areas of yearbook work

Yearbook continued

– reporting, editing, photography, computer-generated layout, desktop publishing and ad sales. This class is for students who are self-directed, independent and responsible, with strong interests in writing and desktop publishing.

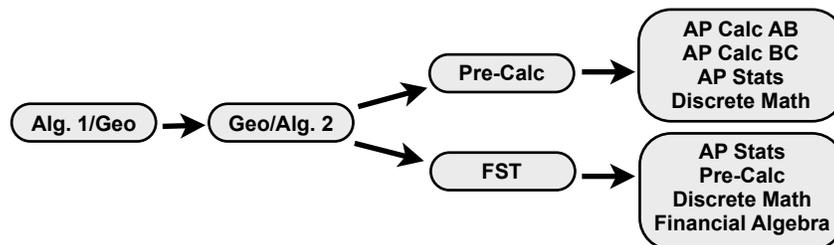
MATH

SHS Math Department

Each course presents mathematics as a coherent subject and blends standards from different conceptual categories. The Mathematical Practice Standards apply throughout each course and, together with the content standards, prescribe that students experience mathematics as a coherent, useful, and logical subject that makes use of their ability to make sense of problem situations.

Students also develop comprehension of mathematical concepts, operations and relations, procedural fluency (skill in carrying out procedures flexibly, accurately, efficiently and appropriately), and productive disposition (habitual inclination to see mathematics as sensible, useful, and worthwhile, coupled with a belief in diligence and one's own efficacy).

All math classes require a passing grade of a 'C' or better to continue on to the next level. Students that do not attain a 'C' or better seldom have the skills necessary to pass at the next level. The Math Department at Summit HS requires a graphing calculator for all classes. We recommend TI-83 or TI-84. ABSOLUTELY NO TI-89's or TI-92's or above will be allowed for use in class.



Algebra 1/Geometry

Grade: 9 Credit: 1.0

Prerequisite: None

The CSS Math 1 course is essential in the development of the Standards for Mathematical Practice. This course begins to build the expertise that mathematics educators at all levels seek to develop in their students. Students will develop skills in problem solving, reasoning and proof, communication, representation, and connections. In HS Mathematics I, students build on their knowledge of descriptive statistics, functions, expressions and equations, and geometric relationships; taking the ideas further while using more formal reasoning and precise language. They formalize their concept of a function and encounter linear, quadratic, and exponential functions as well as other examples of non-linear functions. This course presents mathematics as a coherent subject and blends standards from different conceptual categories. The Mathematical Practice Standards apply throughout this course and, together with the content standards, prescribe that students experience mathematics as a coherent, useful, and logical subject that makes use of their ability to make sense of problem situations.

Geometry/Algebra 2

Grade: 10 Credit: 1.0

Prerequisite: None

The CCSS Math 2 course focuses on various families of functions including, but not limited to, polynomial, exponential, logarithmic, rational, and trigonometric. Students will compare the characteristics and behavior of these expressions, equations, and functions. Additionally, students will deepen their understanding of the topics through mathematical modeling and investigate complex probability scenarios. This course presents mathematics as a coherent subject and blends standards from different conceptual categories. The Mathematical Practice Standards apply throughout this course and, together with the content standards, prescribe that students experience mathematics as a coherent, useful, and logical subject that makes use of their ability to make sense of problem situations.

SCIENCE

Biology

Grade: 9 Credit: 1.0

Biology is an overview of the common characteristics and processes of living organisms. This is a rigorous academic course designed to introduce freshmen to science at the high school level, and provide a solid foundation in the life sciences. Areas of study include: scientific method, cell biology, genetics, evolution, biochemistry, and ecology.

SOCIAL STUDIES

The primary goal of the Social Studies department is to develop students' critical thinking skills. This department believes we can provide the imagination and discipline to move students toward being informed decision-makers. We are committed to heightening student understanding and appreciation of the past and the legacy of what has preceded us. The department seeks to provide opportunities for students to broaden their knowledge and appreciation of diverse people, cultures, ideas and institutions.

Pre-AP World History

Grade: 9 Credit: 1.0

This course provides foundations of academic success in high school including critical thinking, writing and communications skills. Primary concepts focus on several historical themes: Development and Interaction, Expansion and Conflict, and State Building. Within these themes students learn historical thinking skills--Chronological Reasoning, Crafting Historical Arguments, and Comparison and Contextualization--essential to success in future AP and standard social science classes. Pre-AP World History is aligned to Common Core State Standards. Students will gain an understanding of major historical and cultural events in Western Europe, Russia, the Middle East, China, Japan, Mexico, and Cuba from the late 1700's until modern day utilizing a global perspective.

WELLNESS

Integrated Wellness

Grade: 9 Credit: 1.0 (.5 Health 1 and .5 PE 1) **Prerequisite:** None

Integrated Wellness is a year-long, required freshman course integrating health related content and skills with physical activity and education. The purpose of Wellness is to provide students with the health and fitness related skills to help them be successful at Summit and beyond. The health portions of class will concentrate on mental, social, and emotional health. Students will also focus on the promotion of sexual health; the prevention of alcohol, tobacco, and other drug use; and violence/suicide prevention. In PE students will work together in an environment that focuses on positive school culture, self-esteem, and an appreciation and knowledge of physical activity through various activities. Over the semester students will be exposed to team building activities as well as individual and team sports. Students will assess their current level of fitness and learn the skills needed to set and achieve goals to improve their current level of fitness and physical activity.

Weight Training

Grade: 9-12 Credit: 0.5

Prerequisite: None

This course is designed as a general weight training course. Students will learn various weight lifting techniques that will improve strength, speed, endurance, flexibility, and overall fitness. Key lifetime fitness principles will be taught in order to develop goal-based individual weight lifting programs. There is no prerequisite and this class can be repeated.

Female Weight Training

Grade: 9-12 Credit: 0.5

Prerequisite: None

This course is designed to introduce female students to weight training as a life long fitness activity. This is an introductory

Female Weight Training continued

course for the student looking to increase strength and learn proper lifting technique without the intimidation of a heavy athletic lifting environment. Students will develop personalized workout plans to develop and meet their fitness goals through physical assessments and personal goal setting.

Mindfulness

Grade: 9-12 Credit: 0.5

Prerequisite: None

This course is designed for the student who would like to will learn through active participation in yoga, meditation, breathing techniques, and other various forms of exercise activities to help reduce stress and enhance overall health. You will learn to take better care of yourself by actively exploring and understanding the relationship of mind and body. Through participation it is possible you will help boost the immune system, improve sleep, decrease anxiety and improve overall quality of life.

Club Fitness

Grade: 9-12 Credit: 0.5

Prerequisite: None

This class gives you the opportunity to practice and play a variety of team and individual sports with students with disabilities. Participating side by side with physically and developmentally challenged peers leads to greater understanding and acceptance of others. Our class may compete in a variety of sports against other high schools in the area. This is a great class to develop teamwork and relationships with those with disabilities. A main emphasis of the class is to have students understand that we can all be role models and mentors to others, and have the ability to play a positive role in helping others to participate, build self-confidence, and have a sense of belonging.

WORLD LANGUAGES

French 1

Grade: 9-12 Credit: 1.0

Prerequisite: None

Students learn to communicate in French through the four basic language skills of listening, speaking reading and writing. They present on familiar topics, using isolated words and high frequency phrases in the context of Culture, Connections and Comparisons. Students will gain and use knowledge and understanding of other francophone cultures. Successful completion of this course will require students to demonstrate a competency level of Novice Low to Novice-Mid, according to the American Council on the Teaching of Foreign Languages (ACTFL).

French 2

Grade: 9-12 Credit: 1.0

Prerequisite: C or better in French 1

Students continue their study of French by further expanding their knowledge of key vocabulary topics and grammar concepts. They learn to communicate, comprehend and present in verbal and written form on familiar and predictable topics using isolated words, learned phrases, and grammatical structures in the context of

French 2 continued

Culture, Connections, and Comparisons. Students analyze and compare cultural practices and perspectives of French-speaking countries and are required to demonstrate a competency level of Novice-Mid to Novice-High, according to the American Council on the Teaching of Foreign Languages (ACTFL).

French 3

Grade: 9-12 Credit: 1.0

Prerequisite: B or above in French 2

Students will learn to speak at a more sophisticated level by using various verb tenses and more complex structures. Students will understand the main ideas of authentic material that they read and hear and present on a variety of topics using familiar vocabulary and grammar in the context of Cultures, Connections and Comparisons. They will analyze and compare cultural practices and perspectives of French-speaking countries and are required to demonstrate a competency level of Novice-High to Intermediate-Low, according to the American Council on the Teaching of Foreign Languages (ACTFL).

WORLD LANGUAGES *continued*

French 4

Grade: 9-12 Credit: 1.0 **Prerequisite:** B or better in French 3

Students will learn to initiate, sustain and conclude conversations in French. They will work on proficiency in interpersonal, interpretive and presentational communication in the context of Cultures, Connections and Comparisons. Students will read articles, literary texts and enrich their understanding of the cultures in the francophone world and compare it to their own culture and community. Students are required to demonstrate a competency level of Intermediate-Low to Intermediate-Mid according to the American Council on the Teaching of Foreign Languages (ACTFL).

Japanese 1

Grade: 9-12 Credit: 1.0 **Prerequisite:** None

In the first year of Japanese students will learn the language required to talk about themselves, their school environment, their family life and the geography of Japan. They will learn the first two alphabets of the Japanese writing system and will be exposed to cultural aspects through participatory activities in calligraphy, origami and Japanese cuisine. Fifty kanji characters will also be taught. Guest speakers will be invited to lead discussions on subjects ranging from business and school life to travel. The Japanese program is proficiency-based, utilizing the Middle Years Program 8-Point Rubric.

Japanese 2

Grade: 9-12 Credit: 1.0 **Prerequisite:** C or better in Japanese 1

This course will be a continuation of the goals and course work introduced in Japanese 1. Increasingly complex language forms will be introduced to create more realistic and natural communication styles. The reading and writing will be entirely in Japanese (i.e., hiragana, katakana and kanji). Additional kanji will be taught. There will be a continued focus on cultural aspects introduced in Japanese 1. The Japanese program is proficiency-based, utilizing the Middle Years Program 8-Point Rubric.

Japanese 3

Grade: 9-12 Credit: 1.0 **Prerequisite:** B or better in Japanese 2

This course will build upon the foundations established in Japanese 1 and 2, leading the students to greater levels of proficiency in the language. Students should be proficient at both reading and writing hiragana and katakana as they enter this course, as well as kanji. There will be a continued focus on cultural aspects introduced in Japanese 1 and 2 with greater emphasis on special projects to advance their learning. The Japanese program is proficiency-based, utilizing the Middle Years Program 8-Point Rubric.

Japanese 4

Grade: 9-12 Credit: 1.0 **Prerequisite:** B or better in Japanese 3

This course will build upon the foundations of polite and casual speech established in Japanese 3. Students will be able to converse in everyday spoken Japanese. Students will be

Japanese 4 *continued*

introduced to formal and very formal Japanese, as well as more kanji, with an emphasis on recognizing commonly used kanji in Japanese newspapers. There will be a continued focus on cultural aspects introduced in Japanese 2 and 3 with greater emphasis on special projects to advance their learning. The Japanese program is proficiency-based, utilizing the Middle Years Program 8-Point Rubric.

Spanish 1

Grade: 9-12 Credit: 1.0 **Prerequisite:** None

The four language skills (listening, speaking, reading and writing) will be addressed with more emphasis on listening and speaking. Students will be expected to communicate at a novice level on topics such as self, classroom, family/pets, calendar, time, weather, friends, activities and food. Students will be exposed to the cultures of the target language.

Spanish 2

Grade: 9-12 Credit: 1.0 **Prerequisite:** C or better in Spanish 1

Spanish 2 will prepare students to communicate through reading and writing, speaking and listening to interpret, present, and interact in the target language. Students will work with predictable real life situations and will string together complete thoughts to describe, give opinion, and ask questions. Also, students will identify products and practices in order to better understand the rich variety of cultural perspectives in the Spanish-Speaking world. Daily practice may be necessary outside of class to reinforce class learning.

Spanish 3

Grade: 9-12 Credit: 1.0 **Prerequisite:** C or above in Spanish 2

Spanish 3 will prepare students to communicate through reading and writing, speaking and listening to interpret, present, and interact in the target language. Students will interact at a functional level in familiar contexts and will produce paragraph level thoughts to describe, give opinion, and ask questions. Also, students will compare products and practices in order to better understand the rich variety of cultural perspectives in the Spanish-Speaking world. Daily practice may be necessary outside of class to reinforce class learning.

Spanish 4

Grade: 9-12 Credit: 1.0 **Prerequisite:** C or above in Spanish 3

Class will be conducted primarily in Spanish. Students will be involved in various tasks that will develop their oral and aural proficiency. Students will need to have strong independent study skills and be expected to participate fully in a bilingual classroom. Topics will include all content from Spanish 1-3 as well as outdoor adventures, the arts, personal health, occupations/careers, current events, future planning and goal setting. In addition, students will explore the history, culture and literature of the target language.

OTHER CREDIT OPTIONS

Life Skills Mentor

Grade: 9-12 Credit: 0.5 **Prerequisite:** None

Mentors will provide support to students with disabilities in the school and community. As a mentor you will be provided with a variety of rewarding responsibilities and experiences. This course helps prepare students who are considering a future career in human/ social services, psychology, education, special education, counseling, and related fields.

Peer Mentor

Grade: 9-12 Credit: 0.5 **Prerequisite:** None

Peer Mentors work with mostly higher functioning Modified Diploma Students, and/or Secondary Resource Center (SRC) students in their general education classrooms. Assistance to these students

Peer Mentor *continued*

could be in the academic, social, or organizational realms. If a student is assigned to work with a Modified Diploma or SRC student in a general education class, their assistance does not have to be limited to that student alone.

Conditions for alternative credit:

1. The alternative credit learning experience must be a part of the student's educational plan.
2. The proposal must include the means by which the petitioning student will demonstrate district performance standards in the subject area requested.
3. Students are expected to enroll in a full schedule of classes. An approved alternative learning experience may be designated as independent study and scheduled as a class period.

Summit High School

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And follow us on Facebook!**
