



December 2019 MARSHALL HIGH SCHOOL MENU

CUISINE DAY

Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>
2 * Chicken Noodle Soup *✓ Toasted Cheese	3 * Grilled Chicken Stuffed Burrito * Lime & Chili Sweet Corn ♦ ♦ Cranberry Salsa	4 * Ramen Noodle Bar	5 * Beef Chili *✓ Cornbread * Herbed Quinoa Salad	6 NO SCHOOL
9 * * Toasted Ham & Cheese * Cajun Tater Tots	10 * Chicken & Cheese Enchilada Tortilla Chips ♦ ♦ Green Dragon Salsa	11 * Katsu Popcorn Chicken Brown Rice	12 ✓ * Homemade Cinnamon Roll Sausage Patty * Greek Broccoli Salad	13 * Chicken Bowtie Pasta ✓ * Italian Breadstick * Caesar Salad
16 * Toasted Turkey & Cheddar Sandwich * Ranch Tater Tots	17 * Fish Tacos * Pineapple Slaw * ♦ Pink Chili Sauce Tortilla Chips ♦ ♦ Peach Sriracha Salsa	18 * * Sloppy Bao with Char Siu Chicken & Crunchy Veggies	19 HOLIDAY DINNER * Roast Turkey, * Mashed Potatoes & Gravy * Holiday Stuffing, Roast Veggies, ✓ * Gingerbread Cookie, * Ambrosia Salad	20 * Chicken & Creamy Pesto Bowtie Pasta ✓ * Italian Breadstick * House Salad

Daily Dishes

M ▼♦♦ Hummas Plate w/ Vegetables & Tortilla Chips

Tu ▼♦ Nachos w/ ✓ Meat & Cheese

W ▼♦♦ Egg Salad

Th ▼♦ Tuna Salad

F ▼♦♦ Deviled Eggs

KEY

★ New | ✕ May contain pork

▼ Gluten Free

› Draper Valley Farms

● Painted Hills Natural Beef

* Made fresh from scratch

♥ Oregon Caught

✓ Camas Country Mills Flour

♦ Vegetarian

* Shellfish Allergy

* Shrimp Allergy

Winter Break

NO SCHOOL DEC. 23RD-JAN. 3RD

SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D  L A P I N E
S c h o o l s



• Bend-La Pine Schools is an equal opportunity providers
• Menu subject to change • Printed on Recycled Paper