

# January 2020 GRADES 6-12 LUNCH MENU

CUISINE DAY

Monday  
**Americana**  
Fresh Farm Picks

Tuesday  
**SOUTH OF THE BORDER**

Wednesday  
**asian**

Thursday  
**Homestyle**

Friday  
**ITALIAN**

## Daily Dishes

- M** Burger Bar (6-12)  
▼♦\*Hummus Bento Box
- Tu** \* Pasta Bar (6-12)
- W** ▼♦\*Egg Salad Bento Box
- Th** ▼\* Tuna Salad Bento Box  
\* Sushi (6-12)
- F** ▼♦\* Deviled Eggs Bento Box

# Winter Break All Week

|   |  |   |   |  |
|---|--|---|---|--|
| <b>6</b><br>** Toasted Ham & Cheese<br>* Cajun Tater Tots     | <b>7</b><br>* Grilled Chicken Stuffed Burrito<br>* Lime & Chili Sweet Corn<br>♦* Salsa Rojo                    | <b>8</b><br>* Teriyaki Chicken Brown Rice                                     | <b>9</b><br>✓* Chicken Pot Pie<br>* Couscous Salad  | <b>10</b><br>Chicken Parmesan<br>* Spaghetti with Marinara<br>* House Salad                            |
| <b>13</b><br>*♦ Creamy Tomato Basil Soup<br>*✓ Toasted Cheese | <b>14</b><br>** Taco Flatbread<br>*♦* Winter Salsa   | <b>15</b><br>* Sloppy Bao with Char Siu Chicken & Crunchy Veggies             | <b>16</b><br>* BBQ Chicken<br>* Baked Creamy Macaroni & Cheese<br>*♦* Seasonal Salad Special<br>*♦* Banana Cake w/ Chocolate Frosting | <b>17</b><br>* Chicken & Creamy Pesto Bowtie Pasta<br>✓* Italian Breadstick<br>*♦* Winter Caesar Salad |
| <b>20</b><br>NO SCHOOL MLK JR. DAY                            | <b>21</b><br>* Fish Tacos<br>* Pineapple Slaw<br>*♦ Pink Chili Sauce Tortilla Chips<br>♦* Peach Sriracha Salsa | <b>22</b><br>* Katsu Popcorn Chicken Brown Rice                               | <b>23</b><br>✓* Hush Puppy<br>* Cajun Tater Tots<br>*♦* Greek Broccoli Salad  | <b>24</b><br>** ✓ Italian Stomboli<br>* House Salad  |
| <b>27</b><br>* Toasted Turkey & Cheddar<br>* Ranch Tater Tots | <b>28</b><br>* Chicken Tortilla Soup<br>* Cheese Quesadilla<br>♦* Green Dragon Salsa                           | <b>29</b><br>* Orange Popcorn Chicken Brown Rice<br>*✓ Chewy Chocolate Cookie | <b>30</b><br>✓* Homemade Cinnamon Roll<br>Sausage Patty<br>*♦* Fruit Salad  | <b>31</b><br>✓* Chili Dog<br>* Tater Tots<br>*♦* Caesar Salad  |

## KEY

- ★ New | ✕ May contain pork
- ▼ Gluten Free
- Draper Valley Farms
- Painted Hills Natural Beef
- \* Made fresh from scratch
- ♥ Oregon Caught
- ✓ Camas Country Mills Flour
- ♦ Vegetarian
- \* Shellfish Allergy
- \* Shrimp Allergy

### SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D L A P I N E  
S c h o o l s



• Bend-La Pine Schools is an equal opportunity providers  
• Menu subject to change • Printed on Recycled Paper