

# May 2023 REALMS/BEND TECH ACADEMY SCHOOL MENU

CUISINE DAY	Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>	Daily Dishes					
1	♦* Creamy Tomato Basil Soup ✓* Toasted Cheese	2	* Loaded Chicken Rice Bowl Tortilla Chips	3	* Katsu Popcorn Chicken Brown Rice	4	* Chicken Pot Pie	5	<b>CINCO DE MAYO</b> ✓* Taco Flatbread ✓* Horchata Cookie	M	▼♦* Hummas Plate w/ Vegetables & Tortilla Chips
8	* Buffalo Chicken Sanwich w/ Bleu Cheese Dressing * Cajun Tater Tots	9	* Grilled Stuffed Chicken Burrito * Lime & Chili Sweet Corn	10	* Sweet Thai Teriyaki Chicken Wrap * Pineapple Honey Slaw Veggie Fried Rice	11	* BBQ Chicken Strips * Macaroni & Cheese	12	* * ✓ Italian Stomboli	Tu	▼* Nachos w/ ✓ Meat & Cheese
15	●* Cheesy Chili Baked Potato	16	* Chicken & Cheese Enchilada Tortilla Chips	17	* * Chicken & Ham Fried Rice	18	* Hush Puppy * Ranch Tater Tots	19	●* Baked Beef Bolognese ✓* Herb Focaccia	W	▼♦* Egg Salad
22	* BBQ Turkey Sandwich * Tater Tots	23	●* Beef Enchilada Rice Bake Tortilla Chips	24	* Chicken Chop Suey Brown Rice	25	✓* Cinnamon Roll * Sausage Patty * Hash Brown	26	* Chicken Penne Pesto Alfredo ✓* Herb Focaccia ✓* Chocolate Chip Cookie	Th	▼* Tuna Salad
	30	* Grilled Stuffed Chicken Burrito * Lime & Chili Sweet Corn	31	* Yakisoba Noodles w/ Chicken & Veggies					F	▼♦* Deviled Eggs	
	<div><div>★ New</div><div>● Painted Hills Natural Beef</div><div>✕ May contain pork</div><div>▼ Gluten Free</div><div>› Draper Valley Farms</div><div>☼ Shellfish Allergy</div><div>✓ Camas Country Mills Flour</div><div>◆ Vegetarian</div><div>✱ Shrimp Allergy</div><div>♥ Oregon Caught</div><div>✱ Made fresh from scratch</div><div>🥜 Peanuts</div></div>										

KEY

- ★ New
- Painted Hills Natural Beef
- ✕ May contain pork
- ▼ Gluten Free
- Draper Valley Farms
- ☼ Shellfish Allergy
- ✓ Camas Country Mills Flour
- ♦ Vegetarian
- ✱ Shrimp Allergy
- ♥ Oregon Caught
- ✱ Made fresh from scratch
- ☼ Peanuts

## SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D  L A P I N E  
S c h o o l s



- Bend-La Pine Schools is an equal opportunity providers
- Menu subject to change • Printed on Recycled Paper