

January 2020 MARSHALL HIGH SCHOOL MENU

CUISINE DAY

Monday
Americana
Fresh Farm Picks

Tuesday
SOUTH OF THE BORDER

Wednesday
asian

Thursday
Homestyle

Friday
ITALIAN

Daily Dishes

Winter Break All Week

6 ** Toasted Ham & Cheese * Cajun Tater Tots	7 * Grilled Chicken Stuffed Burrito * Lime & Chili Sweet Corn ◆ * Salsa Rojo	8 * Teriyaki Chicken Brown Rice	9 ✓ * Chicken Pot Pie * Couscous Salad	10 Chicken Parmesan * Spaghetti with Marinara * House Salad
13 * ◆ Creamy Tomato Basil Soup * ✓ Toasted Cheese	14 ** Taco Flatbread * ◆ * Winter Salsa	15 * Sloppy Bao with Char Siu Chicken & Crunchy Veggies	16 * BBQ Chicken * Baked Creamy Macaroni & Cheese * ◆ * Seasonal Salad Special * * ✓ Banana Cake w/ Chocolate Frosting	17 * Chicken & Creamy Pesto Bowtie Pasta ✓ * Italian Breadstick * ◆ * Winter Caesar Salad
20 NO SCHOOL MLK JR. DAY	21 * Fish Tacos * Pineapple Slaw * ◆ Pink Chili Sauce Tortilla Chips ◆ * Peach Sriracha Salsa	22 * Katsu Popcorn Chicken Brown Rice	23 ✓ * Hush Puppy * Cajun Tater Tots * ◆ * Greek Broccoli Salad	24 * * ✓ Italian Stomboli * House Salad
27 * Toasted Turkey & Cheddar * Ranch Tater Tots	28 * Chicken Tortilla Soup * Cheese Quesadilla ◆ * Green Dragon Salsa	29 * Orange Popcorn Chicken Brown Rice * ✓ Chewy Chocolate Cookie	30 ✓ * Homemade Cinnamon Roll Sausage Patty * Fruit Salad	31 ✓ * Chili Dog * Tater Tots * Caesar Salad

M	▼ * ◆ * Hummas Plate w/ Vegetables & Tortilla Chips
Tu	▼ * Nachos w/ ✓ Meat & Cheese
W	▼ * ◆ * Egg Salad
Th	▼ * Tuna Salad
F	▼ * ◆ * Deviled Eggs

KEY

- ★ New | ✖ May contain pork
- ▼ Gluten Free
- Draper Valley Farms
- Painted Hills Natural Beef
- * Made fresh from scratch
- ♥ Oregon Caught
- ✓ Camas Country Mills Flour
- ◆ Vegetarian
- * Shellfish Allergy
- * Shrimp Allergy

SERVED DAILY:
Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D L A P I N E
S c h o o l s



• Bend-La Pine Schools is an equal opportunity providers
• Menu subject to change • Printed on Recycled Paper