

# November 2019 GRADES 6-12 LUNCH MENU

CUISINE DAY

Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>
				1 ●* Baked Beef Ziti ✓* Italian Breadstick * House Salad
4 *♦ Creamy Tomato Basil Soup *✓ Toasted Cheese	5 * Grilled Chicken Stuffed Burrito * Lime & Chili Sweet Corn *♦♦ Cranberry Salsa	6 * Ramen Noodle Bar	7 * BBQ Chicken * Baked Creamy Macaroni & Cheese * Herbed Quinoa Salad	8 ●* Meatloaf * Mashed Potatoes * Beef Gravy * Caesar Salad *✓ Flag Cookie INVITE A VETERAN TO LUNCH!
11 VETTERAN'S DAY! NO SCHOOL	12 * Fish Tacos * Pineapple Slaw *♦ Pink Chili Sauce Tortilla Chips ♦* Green Dragon Salsa	13 * Katsu Popcorn Chicken Brown Rice	14 * Roast Turkey Gravy * Mashed Potato Bowl Topped with Cheddar & Corn *✓ Dinner Roll * Autumn Kale Salad	15 ** ✓ Italian Stomboli * House Salad
18 * Toasted Turkey & Cheddar Sandwich * Ranch Tater Tots	19 * Chicken Tortilla Soup * Cheese Quesadilla ♦* Peach Sriracha Salsa	20 * Teriyaki Chicken Brown Rice	21 ✓* Homemade Cinnamon Roll Sausage Patty * Tater Tots * Couscous Salad	22 * Baked Chicken Alfredo ✓* Italian Breadstick * Caesar Salad *✓ Chocolate Chip Cookie COLLEGE DAY!

## Daily Dishes

- M** Burger Bar (6-12)  
 ▼♦\*Hummus Bento Box
- Tu** \* Pasta Bar (6-12)
- W** ▼♦\*Egg Salad Bento Box
- Th** ▼\* Tuna Salad Bento Box  
 \* Sushi (6-12)
- F** ▼♦\* Deviled Eggs Bento Box
- KEY**
- ★ New | ✖ May contain pork
  - ▼ Gluten Free
  - Draper Valley Farms
  - Painted Hills Natural Beef
  - \* Made fresh from scratch
  - ♥ Oregon Caught
  - ✓ Camas Country Mills Flour
  - ♦ Vegetarian
  - \* Shellfish Allergy
  - \* Shrimp Allergy

## SAVE THE DATE

★ ★ ★  
 3<sup>RD</sup> ANNUAL

## Honorary Veteran's Lunch

\*\*\* NOVEMBER 8<sup>TH</sup> \*\*\*

To celebrate and honor those who have served our country in the armed forces, we will be offering lunch at no cost to any family member of our students or staff who are either active members of the military or veterans, on Friday, November 8<sup>th</sup> in all our schools.

# Thanksgiving Break

NO SCHOOL ALL WEEK 25th-29th

### SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D  L A P I N E  
 S c h o o l s



- Bend-La Pine Schools is an equal opportunity providers
- Menu subject to change • Printed on Recycled Paper