```
00:00:00,000 --> 00:00:01,780
Welcome to the Supe's On podcast.
2
00:00:01,780 --> 00:00:02,320
I'm your host,
3
00:00:02,320 --> 00:00:06,290
Dr. Steven Cook Superintendent of Bend-La Pine Schools on the Supe's On podcast.
00:00:06,290 --> 00:00:12,170
We talk about all things public education specifically as they relate to our Bend-La Pine Schools
in the greater community here in Central Oregon.
5
00:00:12,180 --> 00:00:15,090
We are recording this in late May.
6
00:00:15,100 --> 00:00:22,850
It's almost June now and that means it's officially graduation season and it's honestly one of my
favorite times of the year.
7
00:00:22,940 --> 00:00:26,860
The energy just picks up tremendously after spring break.
8
00:00:26,870 --> 00:00:30,550
I love the chance to celebrate and honor all of our students.
9
00:00:30,560 --> 00:00:31,740
But specifically,
10
00:00:31,750 --> 00:00:33,920
once we get to this spot in time,
11
00:00:33,930 --> 00:00:48,560
```

their journey towards the end of their educational careers with us uh is coming to a close And so it's very exciting for me to share the podcast with two of our guests today who are getting ready to graduate here this season with us.

12

00:00:48,740 --> 00:00:51,240

So I'm thrilled to welcome my two guests,

13

00:00:51,250 --> 00:00:56,270

Ella Dansky and Aiden Kadoch to graduating seniors from Realms High School.

14

00:00:56,270 --> 00:00:57,300

Welcome to you both.

15

00:00:57,310 --> 00:00:57,950

Thank you.

16

00:00:57,960 --> 00:00:58,590

So,

17

00:00:58,600 --> 00:00:59,220

first off,

18

00:00:59,230 --> 00:01:00,380

congratulations,

19

00:01:00,390 --> 00:01:02,190

how are you feeling right now,

20

00:01:02,200 --> 00:01:02,510

Aiden?

21

00:01:02,510 --> 00:01:02,900

How about you?

```
22
```

00:01:02,900 --> 00:01:05,350 First feeling good, feeling great.

23

00:01:05,380 --> 00:01:08,150 Senior projects are right around the corner.

24

00:01:08,240 --> 00:01:09,530 I had a little mishap there,

25

00:01:09,530 --> 00:01:11,150 but nothing I can't sort out.

26

00:01:11,340 --> 00:01:11,590 Oh,

27

00:01:11,590 --> 00:01:13,570 it's still work in progress for a little bit.

28

00:01:13,590 --> 00:01:13,810 Well,

29

00:01:13,810 --> 00:01:16,820 my computer broke yesterday with my project on it,

30

00:01:16,820 --> 00:01:20,570 so I think I figured out the solution to that,

31

00:01:20,570 --> 00:01:22,370 but we'll see how it goes.

32

00:01:22,370 --> 00:01:22,610 Yeah,

```
33
```

00:01:22,620 --> 00:01:24,600

well we wish you the best of luck with that.

# 34

00:01:24,610 --> 00:01:25,210

How about you,

35

00:01:25,210 --> 00:01:25,490

Ella.

36

00:01:25,490 --> 00:01:26,490

how are you feeling right now.

37

00:01:26,490 --> 00:01:28,590

Just two weeks left to go before graduation.

38

00:01:28,600 --> 00:01:38,900

I'm also working on my senior project because the senior expo is right around the corner on Tdhursday and I'm doing a giant painting so it's almost done.

39

00:01:38,910 --> 00:01:39,960

I'm very excited about it.

40

00:01:39,970 --> 00:01:42,460

So tell us a little bit about your senior projects,

41

00:01:42,460 --> 00:01:44,380

What drove you towards,

42

00:01:44,420 --> 00:01:46,420

what drove you towards a painting?

43

00:01:46,420 --> 00:01:47,920

What was your interest in that?

```
44
```

00:01:47,930 --> 00:01:52,730

I've always been really interested in art and I am in in our class right now,

45

00:01:52,740 --> 00:01:57,260

so just everything we've been doing all the projects we've been doing kind of inspired me to do.

46

00:01:57,270 --> 00:01:58,040

A very big,

47

00:01:58,050 --> 00:01:59,150

it's about eight ft tall,

48

00:01:59,240 --> 00:02:05,900

so it's a very big so can you tell our listeners what what is the motivation behind your painting?

49

00:02:05,910 --> 00:02:09,140

So the motivation is kind of ironic actually.

50

00:02:09,150 --> 00:02:13,130

I have just been hearing a lot when it comes to my art,

51

00:02:13,140 --> 00:02:15,650

what the meaning is behind my art,

52

00:02:15,740 --> 00:02:20,660

and I believe that the meaning behind any piece of art is that I made it.

53

00:02:20,740 --> 00:02:23,100

So there doesn't need to be any meaning behind it.

54

00:02:23,110 --> 00:02:25,660

And anybody is going to get whatever they want from it anyway,

```
55
00:02:25,670 --> 00:02:26,690
because you know,
56
00:02:26,690 --> 00:02:27,730
it's subjective,
57
00:02:27,740 --> 00:02:31,130
so that's kind of the meaning behind my art is that there isn't any.
58
00:02:31,250 --> 00:02:31,970
How about you?
59
00:02:31,970 --> 00:02:37,070
You said it's if you can solve your computer issue your projects on their tell us a little bit about
your project.
60
00:02:37,070 --> 00:02:41,040
So my project is a video game that I created.
61
00:02:41,050 --> 00:02:44,300
It's it's nothing to like wild and wacky,
62
00:02:44,300 --> 00:02:49,480
it's just a little two D platform or you can walk forward and backwards,
63
00:02:49,480 --> 00:02:50,890
you can jump,
64
00:02:50,900 --> 00:02:52,680
you can dash,
65
```

00:02:52,690 --> 00:02:53,030

you know,

66

00:02:53,040 --> 00:02:54,350

all the basics.

67

00:02:54,360 --> 00:02:58,670

But basically I built this thing pretty much from the ground up.

68

00:02:58,670 --> 00:03:11,480

I mean I had a little bit of support from some game engines but most of the like actual work on the game design and and also the art is my own work.

69

00:03:11,490 --> 00:03:13,800

It's been a bit of a wild projects,

70

00:03:13,800 --> 00:03:20,220

especially because of the art because that is something that I was completely new to like I'm doing this whole pixel art thing.

71

00:03:20,230 --> 00:03:22,470

I had not done that before.

72

00:03:22,480 --> 00:03:24,840

I just sort of went into it.

73

00:03:24,850 --> 00:03:34,510

Got a little advice from some of my friends who are more artist types and it worked out actually in the end it's it's pretty great.

74

00:03:34,520 --> 00:03:36,810

So are these questions for both of you?

75

00:03:36,820 --> 00:03:50,180

Is it was your senior project inspired by something you hope to do professionally or something that is a hobby or was it just topical that just hit because of a class you were in this time for my project,

76

00:03:50,190 --> 00:03:52,550 it's definitely more of a hobby.

77

00:03:52,560 --> 00:03:56,230

I don't intend to professionally go into game design,

78

00:03:56,240 --> 00:04:00,820

but computer programming as a whole is something I intend to pursue.

79

00:04:00,830 --> 00:04:05,060

But more on the software development or artificial intelligence side of things.

80

00:04:05,140 --> 00:04:06,530

Mine's more of a hobby.

81

00:04:06,530 --> 00:04:09,160

I've always liked painting and always liked art a lot.

82

00:04:09,340 --> 00:04:11,100

So I mean,

83

00:04:11,100 --> 00:04:11,480

I don't know,

84

00:04:11,480 --> 00:04:12,630

I'm going to a community college.

85

00:04:12,630 --> 00:04:15,490

So whatever happens happens and I might go into art,

```
86
00:04:15,500 --> 00:04:16,240
but if I don't,
87
00:04:16,240 --> 00:04:17,140
I won't be upset.
88
00:04:17,150 --> 00:04:17,350
Alright.
89
00:04:17,350 --> 00:04:22,730
I'm wondering if you guys will be able to give us a little tour if we could walk around and you
could talk a little bit about the school,
90
00:04:22,740 --> 00:04:23,150
definitely.
91
00:04:25,980 --> 00:04:27,940
I guess that's the learning lab that we were just in.
92
00:04:27,950 --> 00:04:28,950
I don't usually go in there.
93
00:04:29,500 --> 00:04:33,640
They got it all decorated though with all the art and plants,
94
00:04:33,640 --> 00:04:34,220
which is cute.
95
00:04:34,310 --> 00:04:36,130
Like what does the learning lab even mean?
96
```

00:04:36,140 --> 00:04:36,910

I think you go in there.

```
97
```

00:04:36,910 --> 00:04:38,700

It's like a study lab thing.

98

00:04:38,700 --> 00:04:40,170 Like if you have extra stuff to do,

99

00:04:40,170 --> 00:04:41,870 you go in there and it's a quiet space.

100

00:04:41,980 --> 00:04:42,190 Yeah.

101

00:04:42,200 --> 00:04:46,250

There's a whole lot of tools that will just help out with a study as a whole.

102

00:04:47,040 --> 00:04:52,310

This over here is I think it's pretty big common space.

103

00:04:52,320 --> 00:05:05,050

I haven't been on this side of the school as much because for the longest time realms was everything over on the other side of this wall here.

104

00:05:05,440 --> 00:05:09,960

From what I know this is like a big common space.

105

00:05:09,970 --> 00:05:15,190

It's sometimes used for meetings on a smaller scale than the entire school.

106

00:05:15,200 --> 00:05:16,890

We've got the library over here.

107

00:05:16,890 --> 00:05:19,480

The kitchen is over there.

108

00:05:20,040 --> 00:05:21,590 So is this the library,

109

00:05:21,590 --> 00:05:23,010 is this right here that this space?

110

00:05:23,010 --> 00:05:23,570 The library?

111

00:05:23,580 --> 00:05:24,130 Oh yeah.

112

00:05:24,140 --> 00:05:26,230 It's a nice little place.

113

00:05:26,490 --> 00:05:27,850 We also show all of our art.

114

00:05:27,970 --> 00:05:29,460 We also put all of the like,

115

00:05:29,470 --> 00:05:33,000

like we made all of those ceramics and we painted all those paintings up there.

116

00:05:33,130 --> 00:05:34,260 And then on the great wall.

117

00:05:34,270 --> 00:05:36,390

Well that's what we used to call it at Skyline is like,

118

00:05:36,390 --> 00:05:38,130

I used to go to Skyline so I was over here,

119

00:05:38,140 --> 00:05:38,720 we call it that.

120

00:05:38,730 --> 00:05:39,370

Yeah.

121

00:05:39,380 --> 00:05:41,580 So we used to just put all of our,

122

00:05:41,590 --> 00:05:46,850

like a lot of our art up on this wall and then you'd see it and then we did some murals over here,

123

00:05:46,850 --> 00:05:47,760

but those,

124

00:05:48,140 --> 00:05:48,950 they're not there anymore.

125

00:05:49,540 --> 00:05:51,710 And then this is where we,

126

00:05:51,720 --> 00:05:51,980

like,

127

00:05:51,990 --> 00:05:58,270

some people like to eat over here because the garage doors open up and it's very nice in the summer.

128

00:05:58,500 --> 00:05:58,930

Um,

129

00:05:58,930 --> 00:06:02,760 and then that's the front of the office area over there.

130

00:06:03,240 --> 00:06:05,550 So they're all of these garage bays.

131

00:06:05,940 --> 00:06:06,690 We can open,

132

00:06:06,700 --> 00:06:07,910 what is their five doors,

133

00:06:07,910 --> 00:06:08,960 Six doors.

134

00:06:09,340 --> 00:06:10,000 We usually open,

135

00:06:10,000 --> 00:06:12,160

the ones with the little green things on them.

136

00:06:12,940 --> 00:06:13,220 Um,

137

00:06:13,220 --> 00:06:14,560 so people don't fall out.

138

00:06:15,040 --> 00:06:15,370 Yeah,

139

00:06:15,370 --> 00:06:16,240 I wouldn't want that.

140

```
00:06:16,250 --> 00:06:18,460
There's a pretty big dip out there,
```

00:06:18,770 --> 00:06:22,550

but it's really nice because the sun comes in and the breeze comes in and you can hear the birds.

142

00:06:22,550 --> 00:06:23,200 So it's nice.

143

00:06:23,200 --> 00:06:23,900 I love that part.

144

00:06:23,910 --> 00:06:24,170 Yeah,

145

00:06:24,180 --> 00:06:24,850 great light,

146

00:06:24,860 --> 00:06:26,200 great temperature.

147

00:06:26,940 --> 00:06:31,470

And then that's Jen's office right there and Jen is the infamous Jen,

148

00:06:31,940 --> 00:06:33,150 Jen is our grad coach.

149

00:06:33,160 --> 00:06:33,580 Yes,

150

00:06:33,590 --> 00:06:34,430 she is,

```
151
```

00:06:34,640 --> 00:06:37,160

we go in there for meetings with her.

152

00:06:37,160 --> 00:06:37,630

Just like,

153

00:06:37,640 --> 00:06:38,250

um,

154

00:06:38,260 --> 00:06:48,950

getting things done for our accounts for college and then around this corner if we keep going you'll start to see the art that we do in art class.

155

00:06:49,240 --> 00:06:54,970

And then that right there is our class and it's super pretty because they have,

156

00:06:54,970 --> 00:07:03,220

we have a garage door in there too so we can open the garage door up when it's nice and we can do art with the door open and it's there's really nice natural lighting in there.

157

00:07:03,350 --> 00:07:03,820

Yeah.

158

00:07:03,830 --> 00:07:07,170

And I think this is actually the biggest classroom in the school.

159

00:07:07,180 --> 00:07:07,770

Hove it.

160

00:07:07,780 --> 00:07:10,400

It's my favorite classroom size yard in here.

161

00:07:10,780 --> 00:07:11,090

Yeah, 162 00:07:11,170 --> 00:07:11,470 that's right. 163 00:07:12,140 --> 00:07:13,060 The one in the middle table. 164 00:07:13,070 --> 00:07:13,260 Yeah, 165 00:07:13,260 --> 00:07:14,840 that's fine working on that. 166 00:07:14,940 --> 00:07:18,890 There's a lot of art hanging up on the walls outside. 167 00:07:19,770 --> 00:07:20,900 That's where most of it goes. 168 00:07:21,140 --> 00:07:22,760 I mean there's art all over the school. 169 00:07:23,440 --> 00:07:25,260 I don't know who did these art pieces, 170 00:07:25,260 --> 00:07:26,960 but those are new. 00:07:27,540 --> 00:07:27,950 Yeah. 172 00:07:28,540 --> 00:07:33,710

And then I don't have any of these classes down this hallway Until the very end,

173

00:07:33,710 --> 00:07:42,930

which is Michelle and I had my little com class and then my writing 121 class right in here is the science classroom.

174

00:07:42,940 --> 00:07:45,850

I had environmental science in there.

175

00:07:46,440 --> 00:07:49,850

It's also another pretty big classroom.

176

00:07:49,850 --> 00:07:56,700

Got lots of plants and also a bunch of tools just for doing science.

177

00:07:56,700 --> 00:08:01,240

We can test like all sorts of soil measurements.

178

00:08:01,610 --> 00:08:04,210

Also like light stuff.

179

00:08:04,220 --> 00:08:11,750

It's there's a lot in there every time I come into the school there are there are students in this space every time.

180

00:08:11,750 --> 00:08:12,820

What is this space?

181

00:08:12,830 --> 00:08:13,070

Well,

182

00:08:13,070 --> 00:08:14,800

when I was in Michelle's class,

00:08:14,800 --> 00:08:16,380

it was kind of like an extension of the class.

184

00:08:16,380 --> 00:08:16,600

You know,

185

00:08:16,600 --> 00:08:17,060

if you,

186

00:08:17,140 --> 00:08:18,640

I wanted to work on something by yourself,

187

00:08:18,640 --> 00:08:23,940

you go out and sit on the couches or if you have like a group of kids that like you had a project with,

188

00:08:23,940 --> 00:08:26,240

you would come out and like have a little quiet space out here.

189

00:08:27,610 --> 00:08:30,130

It's like a it's a bit of a common space,

190

00:08:30,130 --> 00:08:31,710

but specifically for studying.

191

00:08:32,940 --> 00:08:38,550

And so you'll always find people working here because the couches are more comfortable than chairs.

192

00:08:39,250 --> 00:08:54,360

And one of the things that's also nice about this hallway is like the class spills outside of the classroom and you can see like the works from a particular class like right outside and uh and into the hallway and I think that's pretty neat.

00:08:54,940 --> 00:09:00,370

And then there's the stairs over there that go up and then there's the upstairs classrooms,

194

00:09:00,370 --> 00:09:01,760

there's two classrooms up there.

195

00:09:01,770 --> 00:09:03,460

And then if we keep going,

196

00:09:03,470 --> 00:09:05,640

there's a whole bunch of classrooms back there.

197

00:09:05,640 --> 00:09:15,960

And then there's also the foul back which is like a big area where we have all of our meetings and things kind of like an auditorium but not really because it's a warehouse.

198

00:09:16,940 --> 00:09:20,660

Also we got our wall of current seniors right here.

199

00:09:21,140 --> 00:09:21,940

Senior wall.

200

00:09:21,950 --> 00:09:24,470

I think the vibe is customizable.

201

00:09:24,620 --> 00:09:26,430

I think it is a warehouse.

202

00:09:26,430 --> 00:09:30,030

So we can paint whatever we want on the walls,

203

00:09:30,030 --> 00:09:31,170

we can put whatever we want in the,

00:09:31,180 --> 00:09:32,860

built in like the rooms,

205

00:09:32,860 --> 00:09:33,250

you know,

206

00:09:33,250 --> 00:09:38,040

like they put up a whole new wall over there which was super cool and crazy to watch.

207

00:09:38,050 --> 00:09:39,080

Also,

208

00:09:39,080 --> 00:09:41,960

I have been to some other schools and it's very tight.

209

00:09:41,970 --> 00:09:48,330

It's very like the hallways are very tight and like it's very closed in and I like this viable lot more because it's a,

210

00:09:48,340 --> 00:09:49,430

there's big spaces.

211

00:09:49,430 --> 00:09:57,200

So I mean one way I describe the vibe is sort of modular because each of the classrooms has its own vibe,

212

00:09:57,200 --> 00:09:58,480

its own little area.

213

00:09:58,490 --> 00:10:00,860

And then when you come into the common spaces,

214

00:10:00.860 --> 00:10:08.610

there's like a variety of art and like different quotes on the walls and so there's a lot of variety,

215

00:10:08,610 --> 00:10:10,560

but it's all sort of,

216

00:10:10,640 --> 00:10:12,550

it's sort of self contained as well.

217

00:10:12,550 --> 00:10:19,340

So it's not like it doesn't nothing spills out into the entire school except like the warehouse vibe because that's where we are.

218

00:10:19,340 --> 00:10:21,260

But but yeah,

219

00:10:21,270 --> 00:10:26,980

all of like the individual little vibes have their own little area and so you can go there,

220

00:10:26,980 --> 00:10:27,690

you can,

221

00:10:27,700 --> 00:10:28,660

if you enjoy the vibe,

222

00:10:28,670 --> 00:10:29,150

it's great.

223

00:10:29,430 --> 00:10:34,790

And this is a massive building when we talk about the total amount of space,

224

00:10:35,240 --> 00:10:40,810

there's ways to spread out and to be wherever you need to be all over this building.

00:10:40,810 --> 00:10:41,450

It's huge.

226

00:10:41,940 --> 00:10:42,240

Yeah,

227

00:10:42,250 --> 00:10:46,090

it feels like like the building has stayed the same size every year,

228

00:10:46,090 --> 00:10:48,740

but it feels like it feels like a new frontier.

229

00:10:48,740 --> 00:10:54,450

We've expanded out into these different areas of the school every uh every single year.

230

00:10:54,460 --> 00:10:56,650

And so every time,

231

00:10:56,660 --> 00:11:05,040

like every time I come back to the campus after the summer it feels like the building has gotten bigger even though the building is the same.

232

00:11:05,050 --> 00:11:12,220

We've just sort of changed the converted more spaces into classrooms and spaces for students to be in.

233

00:11:12,520 --> 00:11:15,810

I just remembered that if we can take the tour outside,

234

00:11:15,810 --> 00:11:21,030

we actually have a neat little area with a bunch of plants in the greenhouse.

235

00:11:21,040 --> 00:11:22,060

Yeah.

236

00:11:22,240 --> 00:11:28,450

This out behind the fence is going to be a nice big open to like I never really realized that there's like nothing there.

237

00:11:28,760 --> 00:11:35,780

He gets a funny place for his school like in this like really like developmental area like with all the other warehouses industrial.

238

00:11:35,780 --> 00:11:36,100

I know,

239

00:11:36,100 --> 00:11:36,750

and then it's like,

240

00:11:36,760 --> 00:11:38,180 oh let's put a field in the back,

241

00:11:38,190 --> 00:11:38,520

like,

242

00:11:38,530 --> 00:11:47,750

well now it's a school and back in back a few years ago actually I helped to work on these garden boxes that we've got outside.

243

00:11:47,780 --> 00:11:49,450

Those are really nice.

244

00:11:49,840 --> 00:11:54,360

They're probably either in bloom or pretty close to it at this point in time.

245

00:11:54,740 --> 00:11:58,160

This is where the P.E. class is I was talking about,

```
246
```

00:11:58,540 --> 00:11:59,200 it's like a,

#### 247

00:11:59,210 --> 00:12:02,650 it's like an outdoor e like survival pE too,

# 248

00:12:02,650 --> 00:12:09,720

which is kind of funny like we learned about like first aid and um like what you do in a crisis like if you're in the wilderness and all that stuff.

# 249

00:12:09,720 --> 00:12:10,570 So it's kind of interesting.

### 250

00:12:10,570 --> 00:12:13,150 It's a cool P.E. class.

# 251

00:12:13,150 --> 00:12:13,720 I like it a lot.

# 252

00:12:13,730 --> 00:12:14,500 And I love my teacher,

# 253

00:12:14,500 --> 00:12:15,080 Miss Hamilton's,

# 254

00:12:15,090 --> 00:12:16,000 she's right there,

### 255

00:12:16,100 --> 00:12:17,210 that's the class.

### 256

00:12:17,300 --> 00:12:19,740

And then we play a lot of badminton and stuff.

257

00:12:19,750 --> 00:12:20,650

We also take walks,

258

00:12:20,650 --> 00:12:24,060

which is nice um where we are because we can just like walk down the street,

259

00:12:24,440 --> 00:12:25,550

there's a park over there,

260

00:12:26,940 --> 00:12:30,870

a lot of positive energy and a lot of people excited to be ready for the end of school.

261

00:12:30,870 --> 00:12:37,460

It seems I'd be going to P.E. right now,

262

00:12:37,930 --> 00:12:39,130

I'd be going,

263

00:12:39,740 --> 00:12:40,250

oh yeah,

264

00:12:40,250 --> 00:12:41,760

and then we have gender neutral bathrooms,

265

00:12:41,760 --> 00:12:42,740

which are really nice.

266

00:12:42,740 --> 00:12:43,560

I love those.

267

00:12:43,560 --> 00:12:44,890

I was really excited when they,

268

00:12:44,900 --> 00:12:45,670 when they put those in.

269

00:12:45,670 --> 00:12:48,410

Those feel very loving and I don't know,

270

00:12:48,420 --> 00:12:50,310

that's a good vibe.

271

00:12:50,320 --> 00:12:53,780

So we're recording this here at Realms High School right now.

272

00:12:53,790 --> 00:12:56,820

Realms is one of our smaller high schools.

273

00:12:56,820 --> 00:12:57,360

It's choice.

274

00:12:57,360 --> 00:12:58,050

High school.

275

00:12:58,060 --> 00:13:00,590

What made you want to come to Realms?

276

00:13:00,600 --> 00:13:03,300

It is a fantastic school,

277

00:13:03,310 --> 00:13:04,760

but it is unique,

278

00:13:04,770 --> 00:13:08,160

is quite different than our comprehensive large high schools.

279

00:13:08,340 --> 00:13:09,520

What drew you here?

280

00:13:09,530 --> 00:13:09,740

Ella,

281

00:13:09,740 --> 00:13:10,250

how about you?

282

00:13:10,260 --> 00:13:12,980

I went from in the very beginning,

283

00:13:12,980 --> 00:13:19,420

I went to Bend High for a week and I was before that I went to a K-8 in Sun River.

284

00:13:19,420 --> 00:13:21,480

So I was very like small and like,

285

00:13:21,480 --> 00:13:23,270

everybody knew everyone and I knew all the teachers.

286

00:13:23,280 --> 00:13:25,970

So then I went to Bend High was kind of thrown in.

287

00:13:25,970 --> 00:13:28,160

it was too big for me.

288

00:13:28,340 --> 00:13:28,690

It was,

289

00:13:28,700 --> 00:13:29,750

there was a lot going on.

290

00:13:29,840 --> 00:13:34,200

So then I went to Skyline which was a much smaller school and then Skyline ended.

291

00:13:34,210 --> 00:13:36,910 So I came here because it's,

292

00:13:36,920 --> 00:13:37,150 you know,

293

00:13:37,150 --> 00:13:38,000 the same kind of design,

294

00:13:38,000 --> 00:13:38,890 like very small.

295

00:13:38,890 --> 00:13:40,330 Like everybody knows everyone.

296

00:13:40,340 --> 00:13:44,100

You have like a great relationship with all the teachers and it's also really creative,

297

00:13:44,100 --> 00:13:44,960 which I really liked,

298

00:13:44,970 --> 00:13:47,640

its whatever you wanted to be for you.

299

00:13:47,650 --> 00:13:48,810

So I like that part.

300

00:13:48,820 --> 00:13:51,590

Thank you for me.

301

00:13:51,600 --> 00:13:52,820

It was,

302

00:13:52,830 --> 00:13:58,600

it basically just felt like the natural progression of my education as a whole.

303

00:13:58,610 --> 00:14:06,130

Like I've always gone to smaller schools and that's just sort of the learning style that works for me?

304

00:14:06,130 --> 00:14:07,840

Like elementary school,

305

00:14:07.850 --> 00:14:13,190

I went to a magnet school called Amity Creek Middle school went to Realms and high school.

306

00:14:13,190 --> 00:14:14,850

I'm also at Realms.

307

00:14:15,240 --> 00:14:17,830

So there's a lot of work going on in the school right now.

308

00:14:17,830 --> 00:14:21,470

It's growing and changing and it's a little bigger than it used to be.

309

00:14:21,470 --> 00:14:22,630

But this is like.

310

00:14:22,640 --> 00:14:23,470

we would treat this,

311

00:14:23.470 --> 00:14:25.550

we see this as one of our newer schools.

312

00:14:25,560 --> 00:14:30,460

What's it like to be a part of a school that's still developing its,

313

00:14:30,470 --> 00:14:32,040

its culture and kind of,

314

00:14:32,040 --> 00:14:32,460

it's,

315

00:14:32,840 --> 00:14:35,860

it's feel when you guys come into this school,

316

00:14:35,860 --> 00:14:37,750

do you feel that newness,

317

00:14:37,750 --> 00:14:40,360

do you feel like you can put an imprint on this school.

318

00:14:40,370 --> 00:14:42,810

Tell us a little bit about how you think that way.

319

00:14:42,820 --> 00:14:44,960

I think skyline was kind of the same thing.

320

00:14:44,960 --> 00:14:57,970

So it feels like comforting because you know that it will always be the way that you made it when you come back and you'll be able to come back and like meet all the kids that like progress from like where the school is when you were there.

321

00:14:57,980 --> 00:15:00,100

So I like that part for me,

00:15:00,110 --> 00:15:20,420

I like it because it almost feels like the school culture almost feels like malleable because basically any student who gets a group together has a cool idea can bring it to someone and because we don't really have a whole lot of like set in stone traditions or school culture type stuff.

323

00:15:20,430 --> 00:15:27,940

One student or a small group of students can just make something happen school wide and I think that's very cool and I'm assuming,

324

00:15:27,940 --> 00:15:28,780 you know,

325

00:15:28,790 --> 00:15:36,390

all the teachers here pretty well and and most of the students pretty well just because it's such a tight community.

326

00:15:36,400 --> 00:15:36,930 Yeah,

327

00:15:36,940 --> 00:15:37,370 definitely.

328

00:15:37,380 --> 00:15:38,050 Yeah,

329

00:15:38,060 --> 00:15:38,500 I mean,

330

00:15:38,510 --> 00:15:39,990 I know,

331

00:15:40,000 --> 00:15:44,000

I know mainly all of the teachers and students from,

332

00:15:44,010 --> 00:15:45,760

from last year before we,

333

00:15:45,770 --> 00:15:51,250

before we merged with Skyline because I'm a senior don't have a lot of classes this year,

334

00:15:51,250 --> 00:15:56,750

so I haven't actually had the chance to have a lot of interactions with,

335

00:15:56,840 --> 00:16:01,820

with sort of the the new students and teachers who just came in this year,

336

00:16:01,830 --> 00:16:02,740

how about this,

337

00:16:02,840 --> 00:16:03,410

how about,

338

00:16:03,410 --> 00:16:06,260

what is your favorite memory from your time?

339

00:16:06,260 --> 00:16:08,100

Either at skyline or at realms.

340

00:16:08,110 --> 00:16:19,690

I went to the Shakespeare festival in Ashland for our like intensive thing that we had at skyline and that was probably one of the most amazing opportunities that I got because we had,

341

00:16:19,700 --> 00:16:23,080

we got to stay in the college dorms there and it was amazing.

342

00:16:23,080 --> 00:16:23,580 Like I,

343

00:16:23,580 --> 00:16:23,940 I don't know,

344

00:16:23,940 --> 00:16:25,260

I've always been kind of in the theater,

345

00:16:25,270 --> 00:16:26,150 but like not really,

346

00:16:26,160 --> 00:16:27,590 but that kind of sparked,

347

00:16:27,590 --> 00:16:30,950

like I want to go see plays like this is an amazing production.

348

00:16:30,960 --> 00:16:32,100

I want to be like,

349

00:16:32,110 --> 00:16:33,570 I want to help make this happen,

350

00:16:33,580 --> 00:16:34,060

you know,

351

00:16:34,070 --> 00:16:36,530

and then just the people that we went with it was,

352

00:16:36,540 --> 00:16:41,790

we got to like go and stay in the dorms and eat in the food hall and like all that stuff,

353

00:16:41,790 --> 00:16:46,420

it was a really cool opportunity just to like experience college life as a high schooler.

354

00:16:46,430 --> 00:16:47,570

So that was super cool.

355

00:16:47,750 --> 00:16:48,370

How about you?

356

00:16:48,380 --> 00:16:48,960

Yeah,

357

00:16:48,970 --> 00:16:53,880

I'd have to say one of my favorite memories is all the way back in.

358

00:16:53,880 --> 00:16:56,090 I think it was in freshman year.

359

00:16:56,100 --> 00:16:56,720

We,

360

00:16:56,730 --> 00:17:03,860

we do these things called intensive here where it's basically a deep dive into a particular subject over the course of like a week.

361

00:17:04,070 --> 00:17:07,560

And so I was a part of the aviation intensive.

362

00:17:07.840 --> 00:17:14,970

Uh and so we just spent the whole time just looking at aspects of why airplanes work,

363

00:17:14,980 --> 00:17:22,480

how they work and then that actually culminated with us going down to the bend airport and being able to go up in some,

00:17:22,490 --> 00:17:25,390

in some planes and try out like flight simulators and all that,

365

00:17:25,400 --> 00:17:26,670

those super fun.

366

00:17:26,680 --> 00:17:28,320

So thanks for sharing that both of you.

367

00:17:28,330 --> 00:17:43,410

Any chance you want to give a quick shout out to your favorite teacher or teachers here realms or actually even you could go back into elementary or middle school if you'd like to give you a chance to give some kudos and recognition to people that have helped form you and set you on your path.

368

00:17:43,420 --> 00:17:44,500

One of my teachers,

369

00:17:44,640 --> 00:17:45,470

I have multiple,

370

00:17:45,480 --> 00:17:47,230

I can't just pick one um,

371

00:17:47,240 --> 00:17:48,770

is mr wu I,

372

00:17:48,770 --> 00:17:58,240

he was one of the teachers that made the Ashland trip happen and he was my little calm teacher for many years at skyline and he still is teaching little computer.

373

00:17:58,240 --> 00:18:00,270

I don't get him anymore because I'm a senior,

00:18:00,540 --> 00:18:02,350

but he's definitely one of my favorite teachers.

375

00:18:02,350 --> 00:18:03,050

And then Jen,

376

00:18:03,060 --> 00:18:09,470

I have to thank Jen because she is our college counselor type of thing and I would not be going to college forJen,

377

00:18:09,480 --> 00:18:13,420

I kind of had no idea what was going on in my junior year and I don't know,

378

00:18:13,430 --> 00:18:22,980

I just wasn't ready for it and she has single handedly like helped all of like me and all of my friends to like push us into whatever direction we are going to go in after high school,

379

00:18:22,990 --> 00:18:26,240

which I have her to thank and then running mr running,

380

00:18:26,250 --> 00:18:28,810

he is such a good teacher.

381

00:18:28,820 --> 00:18:34,990

He taught government and I had a fantastic time and I don't think that I would have liked government with any other teacher.

382

00:18:35,030 --> 00:18:36,530

I mean two teachers,

383

00:18:36,540 --> 00:18:40,670

I would love to give a shout out to our first of all,

00:18:40,680 --> 00:18:41,670

Aaron Selig,

385

00:18:41,680 --> 00:18:44,010

he is so great,

386

00:18:44,020 --> 00:18:57,400

I've only been able to have two classes with him but both of them made a huge impact and even outside of class I actually played chess with him online so that's really great.

387

00:18:57,410 --> 00:18:58,370

Super fun.

388

00:18:58,380 --> 00:19:00,210

And then Zach are you?

389

00:19:00,210 --> 00:19:06,190

He's not a teacher anymore but he was a fantastic math teacher,

390

00:19:06,200 --> 00:19:08,740

super easy to talk to,

391

00:19:08,750 --> 00:19:09,680

great,

392

00:19:09,690 --> 00:19:11,600

just great teaching style in general.

393

00:19:11,740 --> 00:19:23,560

One of the things we remember or at least I remember are the teachers that had positive impacts on me and I remember that and I'm much much older and I still remember those teachers to this day,

00:19:23,560 --> 00:19:37,970

so being able to have those folks have an imprint imprint on you and have an impact in your life and just the opportunity to give them a little bit of the credit for that impact is such a powerful and and meaningful opportunity and moment for for all definitely.

395

00:19:37,990 --> 00:19:40,840

I think it also changes the way that you feel about learning to.

396

00:19:40,850 --> 00:19:46,670

I feel like it really depends on like the teachers you have because if you don't have like the teachers that can help you the way that you need.

397

00:19:46,680 --> 00:19:50,080

I think you're going to have like a bad taste in your mouth for the rest of your life about learning.

398

00:19:50,090 --> 00:19:55,210

And I think that good teachers really push you to like continue your education and,

399

00:19:55,220 --> 00:19:55,560

you know,

400

00:19:55,640 --> 00:19:57,310

like school and Ella,

401

00:19:57,310 --> 00:20:04,270

you mentioned that it was the government class and I'm not expecting that you were super excited to go into your government class,

402

00:20:04,280 --> 00:20:08,150

but yet it was still a fond memory and that's because of the teacher.

403

00:20:08,370 --> 00:20:08,570

No,

404

```
00:20:08,570 --> 00:20:09,040
definitely.
405
00:20:09,040 --> 00:20:13,190
And i it it made me actually pay attention in class and like,
406
00:20:13,190 --> 00:20:16,170
I actually want to learn about it and I definitely have that,
407
00:20:16,240 --> 00:20:16,480
like,
408
00:20:16,480 --> 00:20:17,640
that's all Mr. Running.
409
00:20:17,650 --> 00:20:18,190
So,
410
00:20:18,200 --> 00:20:21,420
so let's kind of take a little different attack on this.
411
00:20:21,430 --> 00:20:28,580
So your high school experience would have to be very unique compared to most folks.
412
00:20:28,590 --> 00:20:29,800
High school experience.
413
00:20:29,800 --> 00:20:29,990
```

I mean,

00:20:29,990 --> 00:20:34,660

you can come into a freshman year full of hope and and great expectations.

415

00:20:34,840 --> 00:20:37,820

And then the Middle two years of your high school,

416

00:20:37,830 --> 00:20:39,850

we're dealing with this global pandemic.

417

00:20:39,940 --> 00:20:42,890

Tell our listeners what has been the most challenging Aiden.

418

00:20:42,890 --> 00:20:43,610

How about you first?

419

00:20:43,610 --> 00:20:45,920

What has been the most challenging about,

420

00:20:45,930 --> 00:20:46,150

you know,

421

00:20:46,150 --> 00:20:46,780

in my mind,

422

00:20:46,780 --> 00:20:53,440

it's like this book ended high school experience where you've kind of been in school and out of school then sort of back in school,

423

00:20:53,440 --> 00:20:57,360

then fully back in school as we're starting to close out your high school career.

424

00:20:57,440 --> 00:21:00,180

I would say the biggest challenge for me,

425

00:21:00,180 --> 00:21:10,530

school was over the past couple of years would have to have been like switching to online school in that in that first year of the pandemic,

```
426
```

00:21:10,540 --> 00:21:11,450

It was just,

427

00:21:11,460 --> 00:21:16,740

it was something that had to happen like sort of spur of the moment and it was really,

428

00:21:16,750 --> 00:21:20,330

it was really rough to like figure out the system,

429

00:21:20,330 --> 00:21:23,100

like figure out how to do all of my work,

430

00:21:23,110 --> 00:21:24,230

get it in.

431

00:21:24,240 --> 00:21:30,760

Like it was crazy switched to an entirely new platform eventually that has to be the most difficult for me.

432

00:21:30,770 --> 00:21:32,660

How about you minus the same thing?

433

00:21:32,670 --> 00:21:36,440

Just the Webex and all of the internet things.

434

00:21:36,450 --> 00:21:40,150

I struggled to find the motivation to do it just because it was kind of like,

435

00:21:40,150 --> 00:21:42,180

it felt like an option because I was at my house,

436

00:21:42,180 --> 00:21:42,870

I was in my bed.

#### 437

00:21:42,880 --> 00:21:43,130 You know,

### 438

00:21:43,130 --> 00:21:43,540 I was,

### 439

00:21:43,550 --> 00:21:45,320 it was like the world shut down.

#### 440

00:21:45,330 --> 00:21:45,860 So I was like,

#### 441

00:21:45,860 --> 00:21:46,760 I don't want to do this.

## 442

00:21:46,770 --> 00:21:52,670

It was hard to keep my grades up because no one was really like making me feel like I wanted to do it.

#### 443

00:21:52,670 --> 00:21:53,710 I didn't get to see my friends.

### 444

00:21:53,710 --> 00:21:55,620

I didn't get to have like social interaction.

# 445

00:21:55,630 --> 00:21:56,370 So yeah,

## 446

00:21:56,370 --> 00:21:57,880

that was probably the hardest part for me.

447

00:21:57,890 --> 00:22:08,440

So fast forward 20 years from now and you're trying to explain to somebody whether whether maybe it's your own children or maybe it's a life partner or whoever,

448

00:22:08,440 --> 00:22:12,940

like you're talking to them from somebody that didn't experience the pandemic,

449

00:22:12,950 --> 00:22:15,000

How how would you,

450

00:22:15,010 --> 00:22:22,340

how would future you describe the way that it was for someone that didn't go through it and experience it,

451

00:22:22,350 --> 00:22:26,440

what it felt like to come out of the pandemic and to be graduating here two weeks,

452

00:22:26,450 --> 00:22:27,520

20 years from now,

453

00:22:27,520 --> 00:22:28,870

you'll be reflecting back on this,

454

00:22:28,870 --> 00:22:30,730

drinking a cup of coffee or whatever,

455

00:22:30,740 --> 00:22:32,520

explaining to some people,

456

00:22:32,530 --> 00:22:34,460

what would that feel like to hear from you?

457

00:22:34,540 --> 00:22:38,350

Um I think I would probably start with if I was to tell the story,

```
458
```

00:22:38,540 --> 00:22:45,500

I would start at the very beginning when I was sitting in history class and they were heard about this like sickness that was going on,

459

00:22:45,510 --> 00:22:46,920 and we were like,

460

00:22:46,930 --> 00:22:48,320 we were all making jokes like,

461

00:22:48,330 --> 00:22:50,640

oh ha ha like that's never gonna make it here,

462

00:22:50,640 --> 00:22:51,990

like that's so weird,

463

00:22:51,990 --> 00:22:53,140

like it's so far away.

464

00:22:53,140 --> 00:22:57,320

And then I remember like a couple of days fast forward,

465

00:22:57,330 --> 00:23:00,990

we had an extra week on spring break and we were like,

466

00:23:01,000 --> 00:23:03,590

oh it's just going to be like extra long spring break,

467

00:23:03,590 --> 00:23:04,340

So excited.

468

00:23:04,350 --> 00:23:05,800

And then people were,

469

00:23:05,800 --> 00:23:07,580

and then I heard my friends tell a joke like,

470

00:23:07,590 --> 00:23:08,850

oh what if we never come back?

471

00:23:08,860 --> 00:23:09,320

Never did,

472

00:23:09,330 --> 00:23:17,290

we never came back and I didn't see them for so long and I didn't come back into school and then the whole school was different after that.

473

00:23:17,290 --> 00:23:17,590

So,

474

00:23:17,600 --> 00:23:19,760

but then it's weird now because I don't know,

475

00:23:19,760 --> 00:23:22,100

it feels like we fast forwarded through all of that.

476

00:23:22,110 --> 00:23:25,540

It felt really long while we were in it and now now that it's past,

477

00:23:25,540 --> 00:23:29,190

i it doesn't feel that big anymore because it's not happening.

478

00:23:29,200 --> 00:23:37,020

So i it does feel like fast forward from that point to know even now when we're not even like 100% out of it,

```
479
```

00:23:37,020 --> 00:23:38,670

like it's it's still out there.

480

00:23:38,740 --> 00:23:41,710

Looking back at the beginning is crazy.

481

00:23:41,720 --> 00:23:55,860

Like I very vividly remember Being in the commons with my friends and they told me about this coronavirus that was going on somewhere and I remember thinking,

482

00:23:55,870 --> 00:23:56,220

oh yeah,

483

00:23:56,230 --> 00:23:58,640

it sounds like it will just sort of blow over.

484

00:23:58,650 --> 00:24:04,090

I mean that shows you how good my foresight was around that particular instance,

485

00:24:04,100 --> 00:24:10,830

but 20 years down the road I think I'll definitely embellish if it's someone who didn't live through it.

486

00:24:10,840 --> 00:24:16,670

Like yeah the no one was in the streets like downtown was completely empty,

487

00:24:16,680 --> 00:24:19,280

there was no toilet paper on the shelves,

488

00:24:19,280 --> 00:24:22,070

there was all the food was gone.

489

00:24:22,080 --> 00:24:25,490

Like all the even Costco the shelves were empty.

490

00:24:25,490 --> 00:24:29,170

All I'm gonna go all the way in there.

491

00:24:29,240 --> 00:24:29,670

Alright,

492

00:24:29,670 --> 00:24:31,340

so you already mentioned Jen,

493

00:24:31,350 --> 00:24:32,970

I think the grad coach here,

494

00:24:32,980 --> 00:24:37,970

um I would love to hear a little bit more about what you think is next for you,

495

00:24:37,970 --> 00:24:38,780

whether that is C.

496

00:24:38,780 --> 00:24:39,400

zero cc.

497

00:24:39,400 --> 00:24:53,670

Or whether it's something completely different or whether you're playing it by by ear and just seeing how it's going to happen um what's next for you I if I am going to PCC I am not taking any sort of gap here just because I want,

498

00:24:53,680 --> 00:24:56,630

I got the Oregon Promise and you can't do that with the Oregon Promise.

499

00:24:56,640 --> 00:25:00,230

Um so I'm moving in august and I'm going to PCC.

```
500
```

00:25:00,230 --> 00:25:02,170

I don't know exactly what I'm studying yet,

501

00:25:02,180 --> 00:25:05,130

but that's why I'm going to community college because I love learning,

502

00:25:05,130 --> 00:25:08,050

I love the idea of continuing my education,

503

00:25:08,060 --> 00:25:09,500

I'm very excited about it.

504

00:25:09,510 --> 00:25:12,030

I just don't really know what direction I want to go in.

505

00:25:12,030 --> 00:25:18,120

So community college under great for me and I'm definitely going to transfer to a university after that and I love Oregon,

506

00:25:18,150 --> 00:25:18,780

I love it here,

507

00:25:18,790 --> 00:25:20,090

so I didn't really want to leave,

508

00:25:20,100 --> 00:25:24,810

but I do like Portland and I like the big city a little bit more just because it's smaller out here.

509

00:25:24,820 --> 00:25:25,820

So yeah,

510

00:25:25,830 --> 00:25:29,000

that's my next step and I'm very excited about how about you?

```
511
```

00:25:29,010 --> 00:25:30,260

I on the other hand,

512

00:25:30,270 --> 00:25:33,750

and fleeing the state all the way across the country to Vermont,

513

00:25:33,760 --> 00:25:36,700

I'm going to be going to Champlain College,

514

00:25:36,710 --> 00:25:39,850

which is located like right in the middle of Burlington.

515

00:25:39,940 --> 00:25:44,550

It's actually right next to uh UvM which is significantly bigger,

516

00:25:44,550 --> 00:25:54,440

but I decided to go to the smaller school because that seems to be a little bit of a theme with me and I really liked the vibe there when I went to visit.

517

00:25:54,450 --> 00:25:56,540

It seems like a super great school.

518

00:25:56,550 --> 00:25:59,000

It's also got a great view of the lake,

519

00:25:59,010 --> 00:26:05,040

which is obviously pretty important when we're talking about education because I mean if you,

520

00:26:05,050 --> 00:26:08,320

if you can't see the good sites then what's the point?

521

00:26:08,330 --> 00:26:09,540

So what will you be studying there?

522

00:26:09,700 --> 00:26:15,340

I will be studying either software engineering or artificial intelligence.

523

00:26:15,350 --> 00:26:19,820

I'm going in undeclared but I'm probably going to go down one of those two paths.

524

00:26:19,830 --> 00:26:21,210

I really can't wait.

525

00:26:21,210 --> 00:26:23,720

I love all of like the tech fields.

526

00:26:23,720 --> 00:26:25,360

It's super interesting to me.

527

00:26:25,840 --> 00:26:41,240

Well I would just tell you both your path is your own and anything that that we can do to help you get there is part of why we're here and what we aspire to and so I wish you both the best in that path that you choose and I hope you find your way in L.

528

00:26:41,240 --> 00:26:41,330

Α.

529

00:26:41,330 --> 00:26:48,360

Best of luck in Portland and Aiden best of luck in Vermont and I hope you enjoy the East Coast.

530

00:26:48,370 --> 00:26:49,010

Okay,

531

00:26:49,020 --> 00:26:52,630

this is the last question we've been asking all of our guests on the podcast.

```
532
```

00:26:52,640 --> 00:26:55,750

Just love to hear what's giving you hope right now,

533

00:26:55,760 --> 00:26:56,760

Aiden will start with you.

534

00:26:56,770 --> 00:26:57,680

You know what,

535

00:26:57,690 --> 00:27:02,310

I wouldn't have had an answer to that like a couple of weeks ago.

536

00:27:02,320 --> 00:27:05,900

But right now the thing that is giving me hope is the gym.

537

00:27:05,910 --> 00:27:08,950

I like I'm not a super,

538

00:27:08,950 --> 00:27:10,990

I wasn't a super athletic guy.

539

00:27:10,990 --> 00:27:22,420

Like I honestly probably didn't work out a whole lot during the pandemic or even before that a bit of a nerd like the brain stuff more than the body stuff.

540

00:27:22,420 --> 00:27:28,110

But I've been going to the gym recently And it has opened my eyes.

541

00:27:28,120 --> 00:27:30,180

I just I love going.

542

00:27:30,180 --> 00:27:34,070

It's a great way to sort of exert myself and get some of that energy out.

00:27:34,080 --> 00:27:35,240

A bit of frustration.

544

00:27:35,240 --> 00:27:44,430

But of all the all that negative stuff that just tends to build up after like the whole pandemic being like alone basically.

545

00:27:44,440 --> 00:27:49,550

It's so nice to just be able to work all that out.

546

00:27:49,640 --> 00:27:51,460

Mine is a bit different.

547

00:27:51,470 --> 00:27:57,500

I like just started getting into pottery and I've always been really creative like I already said,

548

00:27:57,510 --> 00:28:02,740

but the idea that I just recently realized that whatever I am,

549

00:28:02,750 --> 00:28:03,350

I love.

550

00:28:03,360 --> 00:28:08,920

I can go into and just like knowing that like I have my whole future ahead of me to choose whatever I want to do.

551

00:28:08,930 --> 00:28:16,120

And like I could be like I could go into pottery or I could do art and like I could I I could go into like neuroscience or whatever.

552

00:28:16,120 --> 00:28:19,300

You know what I want to do And just the idea that I have,

00:28:19,310 --> 00:28:24,770

I just constantly feel like time is running out and especially being a senior is like backpedaling like Oh no.

554

00:28:24,770 --> 00:28:29,140

like we're going to college but I have I can pick whatever I want to do for the rest of my life right now.

555

00:28:29,150 --> 00:28:32,100

So that gives me hope that I have the power to choose.

556

00:28:32,100 --> 00:28:34,870

Whatever I want to do right now mm hmm That's powerful.

557

00:28:34,880 --> 00:28:36,140

Thanks for sharing that.

558

00:28:36,150 --> 00:28:37,240

The,

559

00:28:37,250 --> 00:28:42,300

the best of both of you and you're finding what your passions are and finding what your connections are,

560

00:28:42,300 --> 00:28:45,970

whether it's the gym or whether it's pottery or whether it's something completely different.

561

00:28:45,980 --> 00:28:53,750

Finding that thing that piques your interest and gets you motivated and gets you excited to get up and be a contributing member to society.

562

00:28:53,750 --> 00:28:57,600

I wish that to both of you in the best of ways.

```
563
```

00:28:57,600 --> 00:28:58,960

So thank you.

#### 564

00:28:59,310 --> 00:29:00,140

All right folks,

#### 565

00:29:00,140 --> 00:29:00,820

that's all for today.

### 566

00:29:00,820 --> 00:29:06,610

I want to thank my guests Ella and Aiden for just giving us a view into the life of a senior two weeks before graduation.

### 567

00:29:06,610 --> 00:29:13,490

It's such an exciting and thrilling time for for all of our seniors and just a quick shout out to hang in there,

## 568

00:29:13,500 --> 00:29:14,530

you're almost there.

### 569

00:29:14,530 --> 00:29:15,320

It's gonna be awesome.

#### 570

00:29:15,320 --> 00:29:16,260

It's gonna be amazing.

#### 571

00:29:16,340 --> 00:29:20,490

You're going to get across that path and onto bigger and better things to each of you.

# 572

00:29:20,500 --> 00:29:21,130

Alright folks,

### 573

00:29:21,130 --> 00:29:22,990

This is a new podcast at Bend-La Pine Schools.

574

00:29:22,990 --> 00:29:25,170

If you are pleased with the work we're doing on this podcast,

575

00:29:25,170 --> 00:29:32,130

please remember to subscribe and share your review on your podcast provider or share them through Facebook, Twitter and Instagram.

576

00:29:32,140 --> 00:29:32,940

Additionally,

577

00:29:32,940 --> 00:29:35,010

if there are topics you'd like us to take on,

578

00:29:35,010 --> 00:29:40,030

please send us a note at podcast at Bend dot k 12 dot org dot us.

579

00:29:40,040 --> 00:29:40,580

Also.

580

00:29:40,580 --> 00:29:42,080

Please let us know your thoughts.

581

00:29:42,080 --> 00:29:43,920

We are always grateful for the feedback.

582

00:29:43,930 --> 00:29:52,570

Thanks for listening to the Supe's On and please remember to always support public education.