



# February 2020 MARSHALL HIGH SCHOOL MENU

CUISINE DAY

*Monday*  
**Americana**  
Fresh Farm Picks

*Tuesday*  
**SOUTH**  
OF THE BORDER

*Wednesday*  
**asian**

*Thursday*  
**Homestyle**

*Friday*  
**ITALIAN**

*Daily Dishes*

*Happy Valentine's Day! Feb. 14<sup>th</sup>*

<b>3</b> ** Toasted Ham & Cheese * Cajun Tater Tots	<b>4</b> *** White Bean Pork Chili ♦ * Salsa Rojo	<b>5</b> * Teriyaki Noodles w/ Chicken & Veggies	<b>6</b> ✓ * Chicken Pot Pie * Couscous Salad	<b>7</b> ● * Baked Beef Ziti ✓ * Italian Breadstick * Caesar Salad
<b>10</b> * ♦ Creamy Tomato Basil Soup * ✓ Toasted Cheese	<b>11</b> * Grilled Chicken Stuffed Burrito * Lime & Chili Sweet Corn ♦ * Roasted Pineapple Salsa	<b>12</b> * Teriyaki Chicken Brown Rice	<b>13</b> * BBQ Chicken * Baked Creamy Macaroni & Cheese * Herbed Quinoa & Chickpea	<b>14</b> ● * Spaghetti & Meatballs ✓ * Italian Breadstick * House Salad * ✓ OREGON LOVE COOKIE
<b>NO SCHOOL</b> <b>HAPPY</b> <b>PRESIDENTS</b> <b>DAY</b>	<b>18</b> * Chicken Tortilla Soup * Cheese Quesadilla ♦ * Peach Sriracha Salsa	<b>19</b> * Katsu Popcorn Chicken Brown Rice	<b>20</b> ✓ * Hush Puppy * Cajun Tater Tots * Greek Broccoli Salad	<b>21</b> * * ✓ Italian Stomboli * Casesar Salad
<b>24</b> * Turkey Noodle Soup * ✓ Toasted Cheese	<b>25</b> * * Pork Street Taco * Pineapple Slaw * ♦ Pink Chili Sauce Tortilla Chips ♦ * Green Dragon Salsa	<b>26</b> * Sloppy Bao with Char Siu Chicken & Crunchy Veggies	<b>27</b> ✓ * Homemade Cinnamon Roll & Sausage Patty * Tater Tots * Fruit Salad	<b>28</b> * Chicken & Creamy Pesto Bowtie Pasta ✓ * Italian Breadstick * House Salad ✓ * Chewy Chocolate Cookie

<b>M</b>	▼♦ * Hummas Plate w/ Vegetables & Tortilla Chips
<b>Tu</b>	▼ * Nachos w/ ✓ Meat & Cheese
<b>W</b>	▼♦ * Egg Salad
<b>Th</b>	▼ * Tuna Salad
<b>F</b>	▼♦ * Deviled Eggs

**KEY**

- ★ New | ✕ May contain pork
- ▼ Gluten Free
- Draper Valley Farms
- Painted Hills Natural Beef
- \* Made fresh from scratch
- ♥ Oregon Caught
- ✓ Camas Country Mills Flour
- ♦ Vegetarian
- \* Shellfish Allergy
- \* Shrimp Allergy

## SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits,  
Salads, Fresh Vegetables, Fruit Juice, Dessert when menued

B E N D  L A P I N E  
S c h o o l s



- Bend-La Pine Schools is an equal opportunity providers
- Menu subject to change • Printed on Recycled Paper