

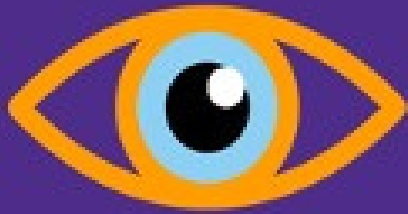
# OPIOID OVERDOSE INFORMATION

## COMMON OPIOIDS

**COMMON NAMES of opioids:** fentanyl, oxycodone (OxyContin, Percocet), hydrocodone (Vicodin), codeine, morphine, methadone and heroin.

**MISUSE (overdose) of opiates is extremely dangerous and potentially life threatening.**  
An overdose occurs when someone takes more of a drug than their body can handle which can overpower the brain and other organs, preventing them from functioning normally.

## SIGNS OF AN OVERDOSE



PIN POINT PUPILS



FALLING ASLEEP OR  
LOSS OF CONSCIOUSNESS



CHOKING OR  
GURGLING SOUNDS



LIMP BODY



SHALLOW BREATHING  
OR NO BREATHING



PALE, BLUE OR  
COLD SKIN

## WHAT YOU SHOULD DO WHEN SOMEONE HAS SYMPTOMS OF AN OVERDOSE

**\*CALL 911**

**\*LAY THE PERSON ON THEIR SIDE** (to prevent choking if they vomit)

**\*START CPR IF NEEDED**

**\*GIVE NALAXONE (NARCAN)**

**\*TRY TO KEEP THE PERSON AWAKE AND BREATHING**

**\*STAY WITH THE PERSON UNTIL HELP ARRIVES**

## WHAT IS NARCAN?

**Narcan is a life-saving opioid antagonist medication that can reverse the effects of an opioid overdose. Narcan binds to the opioid receptors in the body's cells and can reverse and block the effects of opioids.**

## IS NARCAN SAFE?

- If an individual has not overdosed on an opioid, Narcan has no effect on the body.
- The risk of death from an opioid overdose is much greater than the risk of side effects from Narcan.

## NARCAN AND BEND-LA PINE SCHOOLS

- IF an individual has signs/symptoms of an opioid overdose, an individual representing Bend-La Pine Schools may administer Narcan.
- All Bend-La Pine schools have multiple doses of Narcan readily available at each site. Narcan can be found in the AED cabinets throughout the buildings.
- Parent/guardian will be notified immediately if Narcan is administered to their student during school or during a school district related activity.

### Support for students and families

- [Youth Substance Use Disorder](#) treatment and recovery resources from OHA
- [Oregon Family Support Network](#) connects, empowers, and educates families and their communities
- [The New Drug Talk Oregon](#) provides parents with education and tools on connecting around fentanyl
- [Oregon Recovery High Schools](#) provides safe, sober, and supportive education for youth in recovery
- [Youthline](#) - teen to teen crisis help line. 1-877-968-8491 or text "teen to teen" to 839863
- [988 Lifeline](#) - call or text 988 or chat online at 988.lifeline.org