



October

2024 REALMS/BEND TECH ACADEMY SCHOOL MENU

CUISINE DAY

Monday <i>Americana</i> Fresh Farm Picks	Tuesday <i>SOUTH OF THE BORDER</i>	Wednesday <i>asian</i>	Thursday <i>Homestyle</i>	Friday <i>ITALIAN</i>
	1 * Grilled Stuffed Burrito * Lime & Chili Sweet Corn	2 * Orange Popcorn Chicken Brown Rice	3 * BBQ Chicken Strips ✓ * Macaroni & Cheese	4 * * ✓ Italian Stomboli
7 * Chicken Noodle Soup ♦ ✓ * Toasted Cheese	8 * Chicken & Cheese Quesadilla Tortilla Chips	9 * Chicken Tikka Masala Jasmine Turmeric Rice	10 * Chicken Pot Pie	11 * Baked Chicken Alfredo ✓ * Herb Focaccia
14 * * * Bacon Smash Burger Bar * Tater Tots	15 * Chicken Tortilla Soup * Cheese Quesadilla	16 * * Chicken & Ham Fried Rice	17 * BBQ Chicken Strips ✓ * Macaroni & Cheese	18 ✓ ♦ * Cheesy Breadstick ♦ * Marinara Dipping Sauce
21 ♦ * Creamy Tomato Basil Soup ♦ ✓ * Toasted Cheese	22 * Grilled Stuffed Burrito * Lime & Chili Sweet Corn	23 * Teriyaki Popcorn Chicken Brown Rice	24 ✓ * Cinnamon Roll * Sausage Patty * Hash Brown	25 * * Italian Meatball Slider * Sweet Potato Wedges Harry Potter Day! ✓ * Butter Chip Cookie
28 ♦ ✓ * Gourmet Grilled Cheese * Ranch Tater Tots	29 * * Pork Carnitas & Cheddar Enchilada Tortilla Chips	30 * Katsu Popcorn Chicken Brown Rice	31 * BBQ Chicken Strips ✓ * Macaroni & Cheese ✓ * Chocolate Cake	

Daily Dishes

- M ▼♦ * Egg Salad
 - Tu ▼ * Nachos w/ ✓ Meat & Cheese
 - W ▼♦ * Hummas Plate w/ Vegetables & Tortilla Chips
 - Th ▼ * Tuna Salad
 - F ▼♦ * Deviled Eggs
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- ★ New
 - Painted Hills Natural Beef
 - ✕ May contain pork
 - ▼ Gluten Free
 - Draper Valley Farms
 - ☼ Shellfish Allergy
 - ✓ Camas Country Mills Flour
 - ♦ Vegetarian
 - * Shrimp Allergy
 - ♥ Oregon Caught
 - * Made fresh from scratch
 - ☼ Peanuts

KEY

SERVED DAILY:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued



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