

FOOD PRODUCT	MILK	SOY	WHEAT	EGG	PEANUT	FISH	GLUTEN FREE
LUNCH ENTREES							
BEEF- ALL HM BEEF PRODUCTS USING PAINTED HILLS NATURAL BEEF							
HM Taco Meat							X
HM Beef Soft Taco			X				
HM Beef Hard Taco							X
HM Beef Bolognese	X		X				
HM Baked Beef Ziti	X		X				
HM Chili							X
Hamburger Patty		X					
HM Beef Italian Meatballs	X		X	X			
HM Meatloaf	X		X	X			
Shepard Pie	X		X				
CHICKEN							
WG Popcorn Chicken		X	X				
WG Breaded Chicken Nuggets		X	X				
Teriyaki Chicken		X					
WG Breaded Chicken Patty			X	X			
Chicken Sandwich with Bun			X	X			
Chicken and Veggie Stir Fry		X	X				
Chicken Bowtie Pasta	X		X				
Sweet and Sour Chicken		X					
BBQ Chicken							X
Chicken and Cheese Enchilada	X		X				
Katsu Chicken		X					
Baked Chicken	X		X				
WG Chicken Corn Dog			X				
Chicken Gravy	X		X				
Chicken Parmesan	X		X	X			
Chicken Soft Taco			X				
Buffalo Chicken Tenders			X				
Chicken Strips		X	X				
WG Chicken Corn Dog		X	X	X			
Chicken Noodle Soup			X	X			
Chicken Pineapple Curry					X	X	
WG Orange Chicken		X	X				
Sweet Thai Chicken		X	X				
Chicken Pot Pie	X		X				
Asian Glazed Chicken		X	X				

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CHEESE							
Nacho Cheese	X						X
Shredded Cheddar Cheese	X						X
American Cheese Slices	X						X
Mozzarella String Cheese	X						X
Mac and Cheese	X		X				
FISH							
Catfish Strips			X	X		X	
Jambalaya						X	
Shrimp Sliders			X	X		X	
Ginger Soy Albacore Tuna		X	X			X	
Fish Tacos w/honey slaw and pink chili sauce			X	X		X	
Shrimp Sushi with Soy Sauce		X	X			X	
Clam Chowder	X		X			X	
PEANUT BUTTER							
Peanut Butter/Jelly Sandwich			X	X	X		
Peanut Butter and Cream Cheese Spread			X		X		
PIZZA							
ELEMENTARY SCHOOLS							
Pepperoni	X		X				
Sausage	X		X				
Cheese	X		X				
Ham and Pineapple	X		X				
TURKEY							
Turkey Hot Dog	Does not contain allergens listed						
Deli Turkey							X
Hush Puppy	X		X				
Sausage Link							X
Chili Cheese Turkey Hot Dog with Bun	X		X				
Turkey Gravy	X	X	X				
SALAD							
Turkey and Cheese	X						X
Ham and Cheese	X						X
Chicken Caesar	X						
Cobb Salad	X			X			X
Honey Slaw				X			X
Italian Pasta Salad Shaker							
Asian Salad Shaker		X	X				

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YOGURT								
Strawberry	X						X	
Raspberry	X						X	
Parfait	X						X	
SOUP								
HM Creamy Tomato Basil	X						X	
HM Chicken Noodle			X	X				
HM White Bean Chicken Chili							X	
HM Chicken Tortilla			X					
HM Clam Chowder	X					X		
HM Cheesy Broccoli	X		X					
BEANS								
Refried Beans	Does not contain allergens listed							X
Bean and Cheese Burrito	X		X					
BREADS								
WW Hotdog Buns			X					
WW Hamburger Buns			X					
WW English Muffins			X					
WW Tortilla			X					
Cilantro Rice							X	
Spanish Rice							X	
Brown Rice							X	
WG Tortilla Chips							X	
HM Dinner Roll	X		X					
HM Sandwich Bread	X		X					
HM Muffin	X		X	X				
HM Cheese Breadsticks	X		X					
HM Italian Breadstick	X		X					
HM Cornbread	X		X	X				
HM Scones	X	X	X	X				
HM WG Banana Bars			X	X				
HM Breadstick	X		X					
HM WG Cinnamon Roll	X		X					
HM Pizza Crust			X					
San Juan 9 Grain Bun			X					
DELI SANDWICH								
Turkey and Cheese	X		X					
Ham and Cheese	X		X					
Egg Salad	X		X	X				
PBJ	X		X		X			
Tuna Salad	X		X			X		

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Grilled Ham and Cheese	X		X				
VEGETARIAN OPTIONS							
HM Black Bean Burger	X		X	X			
Humus							X
NACHOS							
Beef	X						X
Chicken	X						X
Bean	X						X
Cheese	X						X
Pork	X						X
POTATO PRODUCTS							
Mashed Potatoes	X						X
Tater Tot							X
Potato Triangle							X
Fries							X
PORK							
HM Carnitas							X
Sausage Patty							X
Ham							X
Chili Verde							X
HM Street Tacos w/honey slaw and pink chili sauce			X	X			
Jambalaya						X	
BBQ Pork							X
Sausage Breakfast Gravy	X	X	X				
CONDIMENTS							
Mayonnaise				X			X
HM Honey Mustard Salad Dressing				X			X
HM Ranch Salad Dressing				X			X
Balsamic Vinaigrette							X
Creamy Caesar Salad Dressing	X		X			X	X
Lo-Cal Italian Salad Dressing		X					X
Asian Salad Dressing		X	X				
Mustard							X
Ketchup							X
BBQ sauce							X
Tater Sauce				X			X
Pink Chili Sauce				X			
Peanut Sauce		X	X		X		
Chipotle Ranch Dressing		X	X	X			

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SALSA							
Black Bean and Corn							X
Roasted Pineapple							X
Salsa Rojo							X
Green Dragon							X
Roasted Garlic							X
EGG							
Deviled Eggs				X			X
Egg Salad				X			X
Egg Patty	X	X		X			X
DESSERTS							
Chocolate Cake Frosted	X		X	X			
Cookie	X		X	X			
Pumpkin Bar	X		X	X			
BREAKFAST							
Whole Wheat Bar	X	X	X	X			
Coffee Cake	X		X	X			
Waffle Sticks	X	X	X	X			
Strawberry Soft Oatmeal Bars	X	X	X	X			
Triple Berry Crunch Bar		X	X				
Cinnamon Ultimate Breakfast Bar	X	X	X	X	X (Shared Equip.)		
Turkey Sausage Pancake Wrap		X	X	X			
French Toast Sticks	X	X	X				
French Toast Bar	X		X	X			
Mini Pancakes	X	X	X	X			
Mini Pancakes –Strawberry	X		X	X			
Mini Pancakes - Maple	X		X	X			
Homemade Granola Bar	X		X				
Homemade Granola			X				
Homemade Bagel			X				
Homemade Muffin	X		X	X			
Yogurt	X						X
Cereal			X				
Sausage Pork and Rice link		X					X
Sausage Pork and Rice Patty							X
Burrito	X		X	X			
Fruity Cheerios Cereal Bar		X	X				
Golden Grahams Cereal Bar		X	X				
Belly Bear Honey Graham Crackers			X				
Homemade Fruit and Oat Bar	X		X				
Fruit Smoothie	X						

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Breakfast Stromboli	X		X	X			
WG Pop tarts		X	X				
Sausage Breakfast Gravy	X	X	X				
Biscuit Breakfast Sandwich, Ham, Egg, Cheese	X		X	X			
Bagel Breakfast Sandwich Egg, Sausage, Cheese	X		X	X			
Egg Patty Grilled	X	X		X			
ASIAN BAR							
Spaghetti Noodles			X				
Chicken = Fajita, diced							X
Vegetables							X
Toppings = peas, cilantro, diced tomatoes, peanuts, sesame seeds					X		
Sauces = Sweet Thai Chili, Teriyaki Glaze, Siracha, Peanut Sauce			X		X		