# June 2023 REALMS/BEND TECH ACADEMY SCHOOL MENU

Wonday  Wish	Juesday ¥south ¥	Wednesday 2 S I 2 D	Jhursday Homestyle	Friday  SITALIAN		Daily Dishes	
Fresh Farm Picks	OF THE BORDER		1	2	М	▼◆* Hummas Plate w/ Ve	getables & Tortilla Chips
			*Chicken Pot Pie	* Baked Beef Penne     * Herb Focaccia	Tu	▼ * Nachos w/ ✓ Meat &	Cheese
				* Telb Focaccia	W	▼◆* Egg Salad	
5	6	7 *Sweet Thai Teriyaki	8	9	Th	▼∗Tuna Salad	
Breaded Chicken Sandwich *Ranch Tater Tots	*Grilled Stuffed Chicken Burrito *Lime & Chill Sweet Corn	Chicken Wrap  * Pineapple Honey Slaw  Veggie Fried Rice	* BBQ Chicken Strips * Macaroni & Cheese  * Summer Cookie	<b>*× ✓ Italian Stomboli</b>	F	▼◆* Deviled Eggs	
12	13	14	15	16	-	★ New	✓ Camas Country Mills Flour
* Buffalo Chicken Sanwich	* Chicken & Cheese	n a Obielese O Hem Fried	√* Cinnamon Roll	LAST DAY of SCHOOL!!		<ul><li>Painted Hills Natural Beef</li><li>May contain pork</li></ul>	◆ Vegetarian  ※ Shrimp Allergy
w/ Bleu Cheese Dressing	Enchilada	* * Chicken & Ham Fried Rice	* Sausage Patty	* Corn Dog	KEY	▼ Gluten Free	Oregon Caught
* Cajun Tater Tots	Tortilla Chips		* Hash Brown	* Tater Tots		<ul><li>Draper Valley Farms</li><li>Shellfish Allergy</li></ul>	<ul><li>Made fresh from scratch</li><li>Peanuts</li></ul>



#### **BEND**

9:00 - 9:30

11:45 - 12:45

Monday - Friday, June 20 - August 18 (Closed July 3-4th)

 II:30 - 12:30
 Alpenglow Park (61049 SE 15th St.)

 II:30 - 12:30
 Larkspur Park (1600 SE Reed Market Rd)

 II:15 - 12:15
 Pilot Butte Park (1310 NE Hwy 20)

 Sun Meadow Park (61141 Dayspring Dr.)

Monday - Friday, June 27 - August 25 (Closed July 3-4th, 14th, & August 4th)

Breakfast- Boys & Girls Club - Bend-La Pine Schools Ed Center 520 NW Wall St. Lunch- Boys & Girls Club - Bend-La Pine Schools Ed Center 520 NW Wall St.

LA PINE Monday - Friday, June 20 - August 18 (Closed July 3-4th)

**II:30 - 12:30** La Pine Elementary (51615 Coach Rd)



Anyone 18 years old and younger may participate. There is no registration or fee. Parents are encouraged to attend with their children but cannot eat their children's meals; they may purchase a meal for \$5.00 (exact amount or check, please).

If you plan to bring a large group of children, please call us the day before at 541-355-3740 so we may prepare accordingly. Thank you.

#### THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Sponsored by: Nutrition Services, Bend-La Pine Schools Nutrition Services Funded by: United States Department of Agriculture

#### **SERVED DAILY:**

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Fruit Juice, Dessert when menued





- · Bend-La Pine Schools is an equal opportunity providers
- Menu subject to change
   Printed on Recycled Paper

# Grades 6-12 LUNCH MENU

Wonday Wish	Juesday Ysouth Y	Wednesday asian	Jhursday Homestyle	Jriday SITALIAN		Daily Dishes	
O Presil Farii Plas	OF THE BORDER		1	2	М	▼◆* Hummas Plate w/ Ve	getables & Tortilla Chips
			*Chicken Pot Pie	* Baked Beef Penne     * Herb Focaccia	Tu	▼ * Nachos w/ ✓ Meat &	Cheese
				11615 1 6506500	W	▼◆* Egg Salad	
5	6	7	8	9	Th	▼ * Tuna Salad	
* Toasted Jalapeno Popper Sandwich * Ranch Tater Tots	* Blackened Cod Tacos	*Sweet Thai Teriyaki Chicken Wrap *Pineapple Honey Slaw Veggie Fried Rice	*BBQ Chicken Strips     *Macaroni & Cheese     ✓* Summer Cookie	*× ✓ Italian Stomboli	F	▼◆* Deviled Eggs	
12	13	14	15	16	_	★ New  Painted Hills Natural Beef	<ul><li>✓ Camas Country Mills Flour</li><li>◆ Vegetarian</li></ul>
* Buffalo Chicken Sanwich w/ Bleu Cheese Dressing * Cajun Tater Tots	* Chicken & Cheese Enchilada Tortilla Chips	√* Cinnamon Roll  * Sausage Patty  * Hash Brown	∗× Chicken & Ham Fried Rice	LAST DAY OF SCHOOL! Manager's Choice	KEY	May contain pork Gluten Free Draper Valley Farms Shellfish Allergy	★ Shrimp Allergy  ◆ Oregon Caught  ★ Made fresh from scratch  ◆ Peanuts



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# E June

## 2023

# ELEMENTARY

# SCHOOL

# MENU

WANTED!

Work for

Bend-La Pine Schools

see back for details

NE DAY

Monday

Diperieups

Fresh Farm Picks









Daily	Dishes
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O	Fresh Farm Picks	OF THE BORDER			
				↑ Apple Frudel	2
				∻Chicken Pot Pie	● * Baked Beef Penne ✓ * Herb Focaccia
5	<b>* *</b> Sausage, Egg, & Cheese Breakfast Burrito	6 *Sausage on a Stick	7	8 •* Strawberry Banana Smoothie	9
* ]	Toasted Cheese Sandwich *Ranch Tater Tots	• * Beef Soft Taco Tortilla Chips	*Sweet Thai Teriyaki Chicken Wrap     ◆*Pineapple Honey Slaw	✓* Macaroni & Cheese ✓* Summer Cookie	✓◆* Cheesy Breadstick ◆* Marinara Dipping Sauce
12	◆ Apple Frudel	13 *◆ Yogurt Parfait w/Strawberries & Granola	¥ Sausage on a Stick	15 •* Tropical Pineapple Smoothie	16 ◆ French Taost
Br	readed Chicken Sandwich * Cajun Tater Tots	◆ * Homemade Bean & Cheese Burrito	* * Chicken & Ham Fried Rice	√* Cinnamon Roll * Sausage Patty	LAST DAY of SCHOOL!!  * Corn Dog  * Tater Tots



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BEND LAPINE

Schools

EDUCATING THEIVING STUDENTS

AVAILABLE WITH ALL ELEMENTARY SCHOOL BREAKFASTS:

Lowfat & Nonfat White Milk, Fresh & Chilled Canned Fruit, Fruit Juice

ADDITIONAL DAILY BREAKFAST ENTRÉE CHOICES:

Hot & Cold Variety Cereal, Yogurt & Granola, Whole Wheat Buttermilk Bar

#### AVAILABLE WITH ALL ELEMENTARY SCHOOL LUNCHES:

Lowfat & Nonfat White Milk, Nonfat Chocolate Milk, Variety of Fruits, Salads, Fresh Vegetables, Orange Juice, Dessert when menued

- M \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
  - ✓\* Deli Sandwich (Turkey, \*Ham, PBJ)
  - **▼◆**\* Hummus w/ Tortilla Chips
  - ✓\*\* Pizza (Pepperoni, Cheese, or Vegetable)
    Cheeseburger w/ Tots
  - \*\* Black Bean Burger w/ Tots
  - ✓×\* Pizza (Pepperoni, Cheese, or Vegetable)
  - ✓\* Deli Sandwich (Turkey, \* Ham, PBJ)
  - \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
  - ▼\* Nachos (• Beef or Bean & Cheese)
  - ✓×\* Pizza (Pepperoni, Cheese, or Vegetable)
  - ✓\* Deli Sandwich (Turkey, \* Ham, PBJ, Egg Salad)
  - \* Salads (Chicken Caesar, Chef, Vegetable w/ \*\* Roll)
  - ▼◆\* Egg Salad on Bed of Lettuce w/ Tortilla Chips Hot Dog w/ Tater Tots
  - ✓×\* Pizza (Pepperoni, Cheese, or Vegetable)
  - ✓\* Deli Sandwich (Turkey, \* Ham, PBJ, Tuna Salad)
  - \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
  - \*\* Tuna Salad w/ Tortilla Chips or Tuna Deli Chicken Strips w/ Tater Tots
  - ✓×\* Pizza (Pepperoni, Cheese, or Vegetable)
  - ✓\* Deli Sandwich (Turkey, \*Ham, PBJ)
  - \* Salads (Chicken Caesar, Chef, Vegetable w/ ✓\* Roll)
  - ▼◆\* Deviled Eggs w/ Tortilla Chips Corn Dog w/ Tater Tots
  - ★ New | Painted Hills Natural Beef | ★ May contain pork
    - ▼ Gluten Free | ➤ Draper Valley Farms | \* Shellfish Allergy
    - ✓ Camas Country Mills Flour | ◆ Vegetarian | ※ Shrimp Allergy
    - Oregon Caught | \* Made fresh from scratch | Peanuts



- · Receive all weekends, holidays, and summers off
- Work during the school day ideal for parents who want to be home before- and after-school
- Bring positive attitude and great work ethic:
   We provide job training
- Full-time, part-time and substitute positions starting at \$17.48-\$19.36 an hour
- Make a positive contribution in the lives of students



## Breakfast

Elementary Breakfast\$ 2.50	
Secondary\$ 2.75	
Reduced *\$ 0.00	1
Adult\$ 3.25	

## Lunch

Elementary\$	3.50
Secondary\$	3.75
Reduced\$	0.00
Adult\$	4.75

## Beverage

Milk or Juice (if purchased separately)\$	.75
Soy Milk (ala carte only)\$	1.75

- \* Students that qualify for free or reduced price meals will receive both lunch and breakfast at no charge.
- Students at community eligibility provision schools recieve

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### CHECK OUT OUR WEBSITE! www.bend.k12.or.us/district/parents/school-meals



Menus Catering Questions
Staff Free & Reduced (+ app) Contact Info
Jobs Nutrient Contents Resources

## **AVAILABILITY**

We make every effort to have all menued items available each day. However, due to forecasting, cost controls, and efforts to control waste, some food items may run out by the time your child makes his/her selections. Should your child not find a desired item, he/she should ask the Nutrition Services staff for an alternate choice.

#### **NUTRISLICE**



For your convenience, Bend-La Pine Schools utilizes a digital menuing system called Nutrislice. For easy electronic access, please use this link which is also featured on the Parents/School Meals part of the web page: https://bend.nutrislice.com/menus-eula-splash



In an effort to reduce fat, all hot dogs and most "ham" products are made from turkey meat. Pork products are marked with a 🗱 .

#### SCHOOL MEAL ACCOUNT EMAIL NOTIFICATION

When you sign up with BLPay, you can receive an email notification whenever your child(ren)'s school meal account goes below the dollar amount you choose. You don't need to deposit money to use this feature. Click on the Edit Profile button after you set up your account and log in, then choose Yes or No for Low Balance Email (default is Yes) and set the Low Balance Amount (default is \$5.00). Click on the Update Profile button, then log out.

#### CHARGE POLICY

It is not our intent to allow charges. However, if a child has money in his/her meal account but it is insufficient for the day's meal, then a charge will be allowed and money will be expected the next day to cover the charge. No charging of ala carte items or second meals will be allowed. Communication regarding low balances and charges will be sent directly to the parent/guardian via email, US mail and/or by phone call as required by state legislation.

#### RETURNED CHECK POLICY

Bend-La Pine Schools uses Envision Payment Solutions as its check service provider. They process all checks returned for insufficient or uncollected funds. Your NSF (Non-Sufficient Funds) check may be presented electronically for collection. Additionally, they will debit a \$25 returned check fee from your account. Please do not repay returned checks to Nutrition Services.



Instead, all payments will be handled by:

Envision Payment Solutions | PO Box 157 Suwanee GA 30024-0157

Phone: Toll Free 877-290-5460 | Fax: 770-709-3007 | https://envisionpayments.com